

# VNRS 182: OBSTETRICAL-GYNECOLOGICAL NURSING

## Citrus College Course Outline of Record

Heading	Value
Effective Term:	Summer 2025
Credits:	4
Total Contact Hours:	148
Lecture Hours :	36
Lab Hours:	112
Hours Arranged:	0
Outside of Class Hours:	72
Total Student Learning Hours:	220
Prerequisite:	VNRS 160, VNRS 161L, VNRS 162, VNRS 163, VNRS 164, VNRS 165.
Transferable to CSU:	No
Transferable to UC:	No
Grading Method:	Standard Letter

## Catalog Course Description

This course teaches nursing students the theory needed to perform skills and procedures for the obstetrical/gynecological patient and newborn in a clinical setting. By emphasizing the nursing process and rationale, the format with each disease or disorder of the obstetrical/gynecological patient includes assessment, planning, implementation, evaluation and documentation. Basic nursing skills are reinforced. Advanced skills include those related to prenatal, labor, delivery, post-natal care and gynecological diseases and disorders, as well as administration of medications. 36 lecture hours, 112 lab hours.

## Course Objectives

- Identify normal and abnormal conditions of prenatal, labor, delivery, and postnatal patients and relate conditions or diseases to therapeutic interventions and care of patients.
- Identify normal and abnormal conditions of the gynecological patient and relate diseases to therapeutic interventions and care.
- Define safe, ethical and legal principles in compliance with the Nurse Practice Act.
- Describe how to perform a beginning level assessment, care of, and documentation for women with prenatal, labor, delivery, post-partum, and newborn complications.
- Plan care of obstetrical/gynecological, and newborn patients by integrating basic and advance care including the administration of medications.
- Use the nursing process to perform basic and advanced nursing skills in a clinical and simulated setting to the obstetrical/gynecological patient and newborn.

## Major Course Content

1. Structure and Function of the Reproductive System
2. Fetal development
3. Maternal adaptation during pregnancy
4. Labor process

5. Pain management during labor and birth
6. Nursing care during labor and birth
7. The postpartum woman
8. Assisted delivery and cesarean birth
9. Nursing assessment of newborn transition
10. Nursing care of the normal newborn
11. The newborn nutrition
12. Labor at risk
13. Postpartum woman at risk
14. The newborn at risk
  - a. Gestational and acquired
  - b. Congenital disorders
15. Prenatal care
16. Pregnancy at risk
17. The nurse's role in a changing MCH care environment
18. Family centered and community based maternal and pediatric nursing
19. Special issues of Women's Health Care and Reproduction

## Lab Content

Theory will be applied in the lab/clinical setting.

## Suggested Reading Other Than Required Textbook

Journal Articles related to Maternal and Child Health.

## Examples of Required Writing Assignments

Internet research project related to Loma Linda Embryology Lab and Hillside's Children's home field trips.

A written form of teaching presentations must be completed and turned in.

Written care-plans on assigned patient care.

Obstetrical Journaling on transcultural nursing assignment.

## Examples of Outside Assignments

Practice skills in the nursing skills lab.

Read required materials

Submit articles on latest techniques/procedures related to maternal and child health

Read journals and related articles for updates on stem cell research

## Instruction Type(s)

Lab, Lecture, Online Education Lab, Online Education Lecture