

VNRS 181: GROWTH AND DEVELOPMENT: INFANCY-ADOLESCENCE

Citrus College Course Outline of Record

Heading	Value
Effective Term:	Fall 2023
Credits:	1
Total Contact Hours:	18
Lecture Hours :	18
Lab Hours:	0
Hours Arranged:	0
Outside of Class Hours:	36
Prerequisite:	VNRS 160.
Transferable to CSU:	No
Transferable to UC:	No
Grading Method:	Standard Letter

Catalog Course Description

Basic knowledge of child development and guidelines for use in primary health care settings. 18 lecture hours.

Course Objectives

- Integrate growth and development theory of the child into nursing practice in a health care setting.
- Assess the infant, toddler, preschooler, school age and adolescent according to the theories of Erikson.
- Discuss family development/relationships observed in health care settings using appropriate theories.
- Describe physiological and psychological concepts of the child from birth through adolescence.

Major Course Content

1. Overview of Growth and Development
 - a. Developmental periods
 - b. Concept of growth
 - c. Growth patterns
 - d. Concept of development
 - e. Developmental patterns
 - f. Theories of development
 - i. Personality development: Erikson's theory
 - ii. Cognitive development: Piaget's theory
 - iii. Moral development: Kohlberg's theory
2. Infancy
 - a. Physiologic processes
 - b. Psychologic processes
 - c. Environmental processes
 - d. Nursing interventions in infancy
3. The Toddler Period
 - a. Physiologic processes
 - b. Psychologic processes

- c. Environmental processes
- d. Nursing interventions in toddlerhood
4. The Preschool Period
 - a. Physiologic processes
 - b. Psychologic processes
 - c. Environmental processes
 - d. Nursing interventions for the pre-school aged child
5. The School Ages Period
 - a. Physiologic processes
 - b. Psychologic processes
 - c. Environmental processes
 - d. Nursing interventions for the school-aged child
6. Adolescence
 - a. Physiologic processes
 - b. Psychologic processes
 - c. Environmental processes
 - d. Nursing interventions in adolescence

Suggested Reading Other Than Required Textbook

Internet and journal articles as needed for latest information/research.

Examples of Required Writing Assignments

Write a 3-4 page group outline on a psychosocial topic. The focus will be on assigned class topics. Specific instructions will be provided in class.

Examples of Outside Assignments

Submit to professor a completed printout from one of the two available non-proctored Kaplan online tests prior to taking the final exam in class.

Instruction Type(s)

Lecture, Online Education Lecture