

VNRS 164: BODY STRUCTURE AND FUNCTION FOR THE VOCATIONAL NURSE II

Citrus College Course Outline of Record

Heading	Value
Effective Term:	Fall 2025
Credits:	1.5
Total Contact Hours:	27
Lecture Hours :	27
Lab Hours:	0
Hours Arranged:	0
Outside of Class Hours:	54
Total Student Learning Hours:	81
Prerequisite:	VNRS 154 and current admission to the Vocational Nursing Program.
Corequisite:	VNRS 160.
Transferable to CSU:	No
Transferable to UC:	No
Grading Method:	Standard Letter

Catalog Course Description

A continuation of body structure and function for the vocational nurse with clinical case studies. 27 lecture hours.

Course Objectives

- Demonstrate knowledge of theoretical concepts of body structure and function in the clinical area with clients.
- Compare and contrast each body system assigned and relate how each is integrated to function as a whole.
- Identify normal and abnormal functioning of given organ systems.
- Identify and describe the disorders of each body system.
- Identify the organ system changes on the human body as the aging process occurs.

Major Course Content

1. The Nervous System
 - a. Central Nervous System
 - b. Peripheral Nervous System
2. Autonomic Nervous System
3. Sensory System
4. Endocrine System
5. Hematologic System
6. Anatomy of the Heart
7. Function of the Heart
8. Anatomy of Blood Vessels
9. Functions of the Blood Vessels
10. Lymphatic System
11. Immune System
12. Reproductive System

Examples of Required Writing Assignments

Assigned chapter questions, vocabulary, and terms from course text. Homework assignment such as study guidebook.

Examples of Outside Assignments

Complete assigned reading of course text. Complete assigned chapter questions from course text. Define chapter vocabulary and terms.

Instruction Type(s)

Lecture