

# VNRS 161L: MEDICAL - SURGICAL NURSING I LAB

## Citrus College Course Outline of Record

Heading	Value
Effective Term:	Fall 2025
Credits:	3
Total Contact Hours:	184
Lab Hours:	184
Hours Arranged:	0
Outside of Class Hours:	0
Total Student Learning Hours:	184
Prerequisite:	VNRS 151L and current admission to the Vocational Nursing program.
Corequisite:	VNRS 160.
Transferable to CSU:	No
Transferable to UC:	No
Grading Method:	Pass/No Pass

## Catalog Course Description

Clinical application of theoretical concepts of nursing care for clients with illness and/or injury of the musculoskeletal, integumentary, and gastrointestinal systems. Offered for Pass/No Pass grading Only. 184 lab hours.

## Course Objectives

- in a community based health care facility demonstrate knowledge of nursing care of patients with alterations of mobility, nutrition, and elimination of solid waste, and skin integrity
- utilize the nursing process while caring for patients with alterations of mobility, nutrition, and elimination of solid waste, and skin integrity
- demonstrate safe, ethical and legal principles in the community based healthcare facility in compliance with the Nurse Practice Act

## Lab Content

1. Clinical application in a community-based healthcare facility of the principles and skills needed to assess clients with: illness and/or injury of the musculoskeletal, integumentary, and gastrointestinal systems.
  - a. Normal and abnormal functioning
  - b. Common diseases and injuries
  - c. Utilize nursing process in the provision of client care
2. Clinical application in a community-based healthcare facility of the theories and principles of nursing care for clients with: illness and/or injury of the musculoskeletal, integumentary, and gastrointestinal systems.
  - a. Movement, positioning, and ambulation practices and limitations
  - b. Use of orthopedic devices
  - c. Sterile technique
  - d. Infection control and isolation techniques
  - e. Wound care, dressings and irrigations
  - f. Ostomy care
  - g. Burn care

- h. Gastric intubation
- i. Total parenteral nutrition
- j. Urinary catheterization
- k. Pre- and post-operative care
- l. Oxygen therapy
- m. Medication administration
- n. Physical assessment

## Examples of Required Writing Assignments

Using the nursing process/clinical judgement model, completion of written assignments to increase critical thinking abilities in nursing care. Complete the drug worksheet to increase knowledge of the classification, indication, contraindication, common side effects, and nursing consideration on assigned drugs.

## Examples of Outside Assignments

Write one or more nursing process/clinical judgement assignments. Complete drug worksheets for assigned drugs. Review nursing skill videos

## Instruction Type(s)

Lab