# THEA 201: STAGE ACTING I - BEGINNING

## **Citrus College Course Outline of Record**

Heading	Value
Effective Term:	Fall 2021
Credits:	3
Total Contact Hours:	80
Lecture Hours :	54
Lab Hours:	0
Hours Arranged:	26
Outside of Class Hours:	108
Strongly Recommended:	ENGL 101.
Transferable to CSU:	Yes
Transferable to UC:	Yes - Approved
Grading Method:	Standard Letter, Pass/No Pass

#### **Catalog Course Description**

A beginning level performance class with an introduction to the Stanislavski Method of Acting. Provides a beginning in memorization, stage movement, vocal production and interpretation of text. 54 lecture hours, 26 lab hours arranged.

### **Course Objectives**

- demonstrate a basic understanding of the Stanislavski method through evaluation and criticism of other student's work as well as an analysis of student's own work
- identify the geography of the stage, utilize appropriate theatrical terminology and jargon and understand the principles of stage movement and blocking.
- perform a short scene and monologue using various proper technique as introduced by the Stanislavski method
- demonstrate growth in performance skills using the concepts and ideas introduced in class
- · utilize improvisational skills to help create clear character choices.

### **Major Course Content**

- 1. The Actor
  - a. Why Act?
  - b. Is there an ideal actor?
  - c. What should the actor know?
- 2. The contribution of Stanislavski
  - a. Implementation of "The Method".
    - i. Action and Objective
    - ii. Psychological motivation
  - b. Script Analysis
- 3. Stage Techniques
  - a. Geography of the Stage
  - b. The actor's relationship to the audience
- 4. Voice and Movement
  - a. Movement for the actor
  - b. Voice for the actor
  - c. Tension and relaxation exercises

- 5. Short Scene and Monologue performances
  - a. Critique/analysis while observing student performances
  - b. Critique/analysis of individual's own performance

### **Hours Arranged Content**

- 1. Maintaining a semester long written journal.
- 2. Observing live performances
- 3. Short Scene and monologue rehearsals and performances
- 4. Various acting exercises

# **Examples of Required Writing Assignments**

one - two-page play critique and one character analysis written worksheet is required. Also required is a semester-long written acting journal.

#### **Examples of Outside Assignments**

Rehearsing scenes and monologues Observing live performances Reading plays

### **Instruction Type(s)**

Lecture, Lab, Online Education Lecture, Online Education Lab