NC 145L: ESTHETICIAN SKILLS ENHANCEMENT (PART TIME)

Citrus College Course Outline of Record

Heading	Value
Effective Term:	Summer 2025
Credits:	0
Total Contact Hours:	40
Lecture Hours :	6
Lab Hours:	34
Hours Arranged:	0
Outside of Class Hours:	12
Total Student Learning Hours:	52
Strongly Recommended:	ESTH 140, ESTH 141, ESTH 144 and ESTH 145.
Transferable to CSU:	No
Transferable to UC:	No
Grading Method:	Non-Credit Course

Catalog Course Description

Practical application of theoretical concepts of intermediate to advanced Esthetics procedures. Offered for Pass/No Pass grading only. 6 lecture hours, 34 lab hours.

Course Objectives

- Demonstrate the ability to assess client needs, prepare and apply appropriate service procedures
- Demonstrate the ability to preform client intake, prepare and update client questionnaires, and suggest proper home care.
- Demonstrate preparedness to take the California Board of Barbering and Cosmetology Esthetician examination

Major Course Content

1. Professional ethics
    a. client
    b. colleagues
    c. business
2. Personal Image
    a. clinical
    b. personal
    c. professional
3. Interpersonal relationships
    a. client
    b. colleagues
    c. phone and front desk etiquette
4. State Board Preparedness
    a. hair removal
    b. make up application
    c. facial - all aspects
    d. exfoliation
    e. health and safety procedures
5. Communication
6. client
7. sales representatives
8. colleagues

Lab Content

1. Detailed record keeping, client, business
2. Develop professional image required for the industry: personal, phone etiquette communication
3. Analyze and understand skills needed to perform a specific service: electrical, manual, massage techniques, product choice

Suggested Reading Other Than Required Textbook

Testing Criteria for California State Board - Esthetics

Examples of Required Writing Assignments

Documentation of record cards for facials, Waxing, and make up

Examples of Outside Assignments

State Board Practice Tests

Instruction Type(s)

Lab, Lecture