

NC 142L: ESTHETICIAN SKILLS ENHANCEMENT

Citrus College Course Outline of Record

Heading	Value
Effective Term:	Summer 2025
Credits:	0
Total Contact Hours:	40
Lecture Hours :	6
Lab Hours:	34
Hours Arranged:	0
Outside of Class Hours:	12
Total Student Learning Hours:	52
Strongly Recommended:	ESTH 140, ESTH 141 and ESTH 142.
Transferable to CSU:	No
Transferable to UC:	No
Grading Method:	Non-Credit Course

Catalog Course Description

Practical application of theoretical concepts of intermediate to advanced Esthetics procedures. Offered for Pass/No Pass grading only. 6 lecture hours, 34 lab hours.

Course Objectives

- Demonstrate the ability to assess client needs, prepare and apply appropriate service procedures
- Demonstrate the ability to perform client intake, prepare and update client questionnaires, and suggest proper home care.
- Demonstrate preparedness to take the California board of Barber and Cosmetology Esthetician exam

Major Course Content

1. Professional ethics
 - a. client
 - b. colleagues
 - c. business
2. Personal Image
 - a. clinical
 - b. personal
 - c. professional
3. Interpersonal relationships
 - a. client
 - b. colleagues
 - c. phone and front desk etiquette
4. State Board Preparedness
 - a. hair removal
 - b. make up application
 - c. facial - all aspects
 - d. exfoliation
 - e. health and safety procedures
5. Communication
6. client

7. sales representatives
8. colleagues

Lab Content

1. Detailed record keeping, client, business
2. Develop professional image required for the industry: personal, phone etiquette communication
3. Analyze and understand skills needed to perform a specific service: electrical, manual, massage techniques, product choices

Suggested Reading Other Than Required Textbook

Testing Criteria of California State Board - Esthetics

Examples of Required Writing Assignments

Documentation of Record Cards for Facial, Waxing, Makeup

Examples of Outside Assignments

State Board Practice Tests

Instruction Type(s)

Lab, Lecture