

# KIN 178: RACE, GENDER AND SPORTS

## Citrus College Course Outline of Record

Heading	Value
Effective Term:	Fall 2025
Credits:	3
Total Contact Hours:	54
Lecture Hours :	54
Lab Hours:	0
Hours Arranged:	0
Outside of Class Hours:	108
Total Student Learning Hours:	162
Strongly Recommended:	ENGL C1000.
District General Education:	D2. Behavioral Science, E2. Fitness/Health Science
Transferable to CSU:	Yes
Transferable to UC:	Yes - Approved
Grading Method:	Standard Letter, Pass/No Pass

## Catalog Course Description

Influence of racial and ethnic groups in sports in the United States: cultural, historical, political and economic influences associated with gender participation and race relations. 54 lecture hours.

## Course Objectives

- Discuss the evolution of participation in professional sports by minoritized groups and their visibility/involvement in society past and present.
- Analyze who plays sports and how it reflects and impacts society.
- Examine ethics and violence in national professional sport organizations with emphasis on racially and ethnically minoritized groups.
- Identify and evaluate the influence media and social media have on sports.

## Major Course Content

1. Historical analysis of the development of ethnic groups participating in professional sports in the United States
  - a. Maslow's hierarchy of need and its role in sports education.
2. Who plays sports and why, and how it influences race and gender in society
  - a. Youth sports teams
  - b. Socioeconomic class and gender and their potential roles in sports selection.
  - c. Education and the role of sports at community college, 4-year college and high school levels.
3. Ethics and violence in sports and the historical and present day images of racial/ethnic males in society
  - a. Intimate partner violence
  - b. Field/count incidents and their role in sports
  - c. Drugs and alcohol and their role in sports
  - d. Use of sport supplements and sports ethics

4. Role of race, ethnicity, culture and gender in sports and society
  - a. Gender participation issues and controversies
  - b. LGBT movement
  - c. Women in sports
  - d. Race and ethnicity and the role of sports and the athlete in changing society values.
  - e. African Americans' role in U.S. history of professional sports, including Negro leagues, important historical figures in breaking down racial barriers (i.e. Jackie Robinson etc.)
  - f. Latinos's role in the U.S. history of professional sports
  - g. Minoritized racial/ethnic groups in the history of professional sports
5. Role of politics and economics in professional sports and globalization
  - a. History and changes of sports and world competitions
  - b. Political issues that have marked sporting events
  - c. Role of private corporations in wealth development and its influence on professional sport teams
6. Media and its influence and impact on players in various sports
  - a. Behavior, role and media representation of high profile cases involving athletes from diverse ethnic backgrounds (i.e. racial/ethnic, gender and sexuality)
7. The future of sport in society and changing demographics of players on professional teams

## Suggested Reading Other Than Required Textbook

Instructor-developed handouts

## Examples of Required Writing Assignments

A paper researching equitable sport involvement for participants who had fully transitioned gender and applying that to the sporting rules currently available for a specific professional sports team.

## Examples of Outside Assignments

Student will survey team pictures from the past 5 years for an assigned sports team (collegiate or professional) to survey the demographics of those engaged in the sport. Then they will explain if there are any patterns that of either inclusivity or inequity of involvement in that sport by comparing their team findings with the demographics of the country of origin for that team/sport.

## Instruction Type(s)

Lecture, Online Education Lecture

## IGETC Area 4: Social and Behavioral Sciences

4. Social and Behavioral Sciences