

KIN 163: SPORTS OFFICIATING

Citrus College Course Outline of Record

Heading	Value
Effective Term:	Fall 2025
Credits:	3
Total Contact Hours:	54
Lecture Hours :	54
Lab Hours:	0
Hours Arranged:	0
Outside of Class Hours:	108
Total Student Learning Hours:	162
Strongly Recommended:	ENGL C1000.
Transferable to CSU:	No
Transferable to UC:	No
Grading Method:	Standard Letter

Catalog Course Description

This course introduces the skills and techniques applied to sports officiating. Basic principles covered will include officiating conduct, communication, decision making, conflict management, fitness and injury prevention, legal rights and responsibilities, and professional development. 54 lecture hours.

Course Objectives

- Evaluate the different officiating styles and applications.
- Examine and analyze different decision making and communication skills.
- Demonstrate conflict management strategies.
- Evaluate fitness levels and programs to improve fitness.
- Understand the legal rights, responsibilities, and code of ethics of officiating.
- Recognize the governing bodies and competition levels of officiating for different sports.

Major Course Content

1. History of Officiating
2. Career in Officiating
3. Officiating Styles
4. Communication Skills
5. Decision-Making Skills
6. Mental Training Strategies
7. Conflict Management
8. Fitness for Officials
9. Legal Rights and Responsibilities
10. Business Responsibilities
11. Code of Ethics
12. Governing Bodies

Suggested Reading Other Than Required Textbook

Instructor handouts

Examples of Required Writing Assignments

Observe and evaluate two officials during competition. Write a paper analyzing both officials during your observation, comparing and contrasting different communication skills and techniques.

Examples of Outside Assignments

Research the requirements of different sports officiating governing bodies.

Instruction Type(s)

Lecture, Online Education Lecture