

ESTH 141: ESTHETICIAN II

Citrus College Course Outline of Record

Heading	Value
Effective Term:	Fall 2021
Credits:	8
Total Contact Hours:	288
Lecture Hours :	72
Lab Hours:	216
Hours Arranged:	0
Outside of Class Hours:	144
Prerequisite:	ESTH 140.
Transferable to CSU:	No
Transferable to UC:	No
Grading Method:	Standard Letter

Catalog Course Description

This course is part two of the esthetician program. A basic course which includes state board preparedness, customized facial treatments, the psychology of services, make-up artistry, color coordination, product knowledge and aromatherapy. Must be completed before entering part three, "Salon Fundamentals". 72 lecture hours, 216 lab hours.

Course Objectives

- Analyze and understand skin types
- Understand and comprehend the principals of electrical current
- Prepare and apply chemical products in a safe manner
- Blend, mix, and apply botanical oils
- Choose correct massage for specific skin type and conditions
- Prepare and apply professional products in a safe manner
- Understand disinfecting procedures and properly generate solutions
- Demonstrate knowledge of professional exfoliation techniques
- Properly record client card
- Demonstrate proper comedone extraction techniques
- Identify different facial types
- Select appropriate foundation for corrective makeup
- Demonstrate safe removal of hair
- Demonstrate the application of false lashes
- Consult with clients to determine their preferences &/or needs
- Properly assemble and set up products for service

Major Course Content

- Skin, muscles, bones, nerves**
 - morphology/dermatology
 - disorders/disease
- Disinfection, sanitation**
 - bacteriology
 - germicides
 - safety
- Skin response**
 - massage
 - benefits

- physical
- electrical

4. Cosmetic Exfoliants

- enzyme
- scrub
- BHA
- AHA

5. Advanced make-up artistry

- color keys
- corrective
- camouflage
- fantasy

6. Aromatherapy

- botanical oils
- serums
- blending

7. Hair removal

- speed
- brazilian
- wax
- hard

Lab Content

Skin care treatments and related services

- Identify and explain structure of skin layers
- Demonstrate various massage techniques
- Recognize and distinguish skin disorder/disease
- Execute professional make-up artistry
- Safely and quickly remove hair
- Understand disinfecting procedures and properly generate solutions
- Blend botanical oils/serums for proper application
- Safely execute a cosmetic exfoliation for appropriate skin types
- Explain and understand five skin types
- Educate client and recommend proper home care
- Record client card neatly, legible
- Demonstrate proper comedone extraction
- Demonstrate knowledge of acupressure

Suggested Reading Other Than Required Textbook

Product Ingredient/Milady's

Examples of Required Writing Assignments

Create notebook of make-up application.

Examples of Outside Assignments

Work as a group and create an ingredient journal.

Instruction Type(s)

Lecture, Lab, Online Education Lecture, Online Education Lab