EAC 090: EMPOWERMENT FOR STUDENTS WITH DISABILITIES

Citrus College Course Outline of Record

Heading	Value
Effective Term:	Fall 2021
Credits:	2
Total Contact Hours:	36
Lecture Hours :	36
Lab Hours:	0
Hours Arranged:	0
Outside of Class Hours:	72
Transferable to CSU:	No
Transferable to UC:	No
Grading Method:	Pass/No Pass

Catalog Course Description

A course designed to facilitate successful transition to the collegiate level for new students with disabilities. Upon completion of this course, students will be better prepared to assert their needs, make decisions, and practice coping strategies pertinent to their unique situation. This course is offered for Pass/No Pass grading only. 36 lecture hours.

Course Objectives

- analyze problems related to access to campus and develop practical solutions (e.g., commuting, on-campus routes, physical barriers, time constraints, etc.)
- identify and select appropriate administrative, financial, counseling, and educational services as needed
- demonstrate knowledge about and use of library and learning resources
- identify and use effective communication skills and coping strategies in the classroom, counseling, and research assignments
- participate in formal and informal campus activities, group discussions, and social events

Major Course Content

1. Environment
   a. Commuting to campus
      i. researching alternatives
      ii. choosing preferred mode
      iii. planning time
   b. Maneuvering around campus
      i. identifying destination
      ii. planning route
      iii. listing barriers
      iv. addressing barriers
   c. Using administrative services
      i. identifying needs
      ii. researching sources of help
      iii. choosing the service
      iv. asking for assistance
   d. Applying for educational finances
      i. consulting with knowledgeable people
      ii. reviewing financial aid options
      iii. planning program of study
      iv. completing applications
      v. monitoring financial aid documents
   e. Selecting classes
      i. reviewing program requirements
      ii. assessing availability of courses
      iii. planning preferred schedule
   f. Registering for classes
      i. completing registration forms
      ii. submitting forms to registrar
      iii. verifying courses with registrar
2. Academic
   a. Utilizing college resources (library, learning center, etc.)
      i. finding what resources are available
      ii. choosing resource
      iii. identifying sources of information
      iv. requesting assistance
   b. Clarifying assignment
      i. identifying areas of confusion
      ii. formulating specific questions
      iii. choosing person to ask
      iv. asking questions
   c. Meeting with professor/advisor/other college staff
      i. identifying topics of discussion/preparing questions
      ii. responding to feedback
      iii. requesting information and/or assistance
      iv. recording information
      v. expressing own opinions/views (sharing your perspectives)
      vi. utilizing coping strategies
      vii. coping with others' mannerisms (style)
3. Social Skills
   a. Managing free time on campus
      i. identifying open time periods
      ii. listing possible activities
      iii. choosing preferred activity
   b. Participating in on-campus groups
      i. researching available alternatives
      ii. connecting with contact person
      iii. arranging to attend group meetings
      iv. contributing to group
   c. Utilizing campus social places
      i. identifying barriers
      ii. addressing barriers

Suggested Reading Other Than Required Textbook

Instructor developed materials

Examples of Required Writing Assignments

Students will write a 2-4 paragraph paper about how their disability impacts them in the educational environment.

Examples of Outside Assignments

Complete the Transition Skills Inventory (TSI) Profile Report. They must first evaluate themselves, then be evaluated by their instructor, and then be evaluated by an outside support person. Next, the students must measure any discrepancies in evaluations. Discrepancies will be discussed in the classroom.

Instruction Type(s)

Lecture, Online Education Lecture