

DANC 281: ADVANCED JAZZ DANCE I

Citrus College Course Outline of Record

Heading	Value
Effective Term:	Spring 2020
Credits:	1
Total Contact Hours:	36
Lecture Hours :	18
Lab Hours:	18
Hours Arranged:	0
Outside of Class Hours:	36
Prerequisite:	DANC 270 or Audition.
District General Education:	E1. Dance Activity
Transferable to CSU:	Yes
Transferable to UC:	Yes - Approved
Grading Method:	Standard Letter, Pass/No Pass

Catalog Course Description

Designed to instruct students in the advanced techniques of advanced jazz dance for the purpose of performance. More challenging dance combinations and instruction in individual body control, strength, stamina, style, and line. 18 lecture hours, 18 lab hours.

Course Objectives

- demonstrate a kinesthetic perception of line, movement, rhythm, and coordination, thereby using the body as an instrument of expression at an advanced level
- demonstrate a knowledge of the advanced level of jazz dance, including terminology, warm-up and stretching exercises
- demonstrate an ability to execute jumps, turns and combinations at an advanced level as directed by the instructor
- demonstrate a knowledge of intermediate to advanced ballet terminology as well as an ability to execute intermediate to advanced ballet positions for balance and coordination
- demonstrate a collegiate level of knowledge of jazz history and origins of jazz dance

Major Course Content

1. Review Basic and Intermediate Level Skills
 - a. Terminology
 - b. Rhythmical recall
2. Instruction on Jazz Choreographic Forms
 - a. Fosse
 - b. Musical theatre jazz
 - c. Traditional styles
 - d. Contemporary and Hip-Hop
3. LAB CONTENT
 - a. Advanced Skills
 - i. Strength exercises
 - ii. Contractions
 - iii. Baby rolls
 - iv. Isolations

- v. Turn combinations
 - vi. Jump combinations
 - vii. Dance combinations
- b. Professional Skills
 - i. Adagio training
 - ii. Contraction combinations
 - iii. Combined turn and jump combinations
 - iv. Floor work
 - v. Partnering

Lab Content

1. Practice Progressive Exercises
 - a. Warm-up technique in practicum
 - b. Stretching in practicum
 - c. Floor Rehearsal of intermediate to advanced ballet positions for balance, coordination
 - d. Low and high impact aerobic exercises for toning, building stamina
2. Execution of Dance Forms
 - a. Dance combinations in practicum
 - b. Sustained movements in practicum
 - c. Jumps and turns in practicum

Suggested Reading Other Than Required Textbook

Dance Periodicals, Books on Jazz History.

Examples of Required Writing Assignments

Papers on jazz history, or prominent jazz choreographers- 1 to 3 pages.

Examples of Outside Assignments

Group Choreographic assignments. Attendance at dance concerts. Individual practicum practice and individual choreographic assignments.

Instruction Type(s)

Lecture, Lab, Online Education Lecture, Online Education Lab