

# DANC 272: INTERMEDIATE BALLET II

## Citrus College Course Outline of Record

Heading	Value
Effective Term:	Fall 2021
Credits:	1
Total Contact Hours:	36
Lecture Hours :	18
Lab Hours:	18
Hours Arranged:	0
Outside of Class Hours:	36
Prerequisite:	DANC 262 or Audition.
District General Education:	E1. Dance Activity
Transferable to CSU:	Yes
Transferable to UC:	Yes - Approved
Grading Method:	Standard Letter, Pass/No Pass

## Catalog Course Description

A course in the advanced techniques of classical ballet for the purpose of performance. A more in-depth study of movement vocabulary centered on individual style, strength, and technique. 18 lecture hours, 18 lab hours.

## Course Objectives

- demonstrate various complex techniques in classical ballet
- demonstrate knowledge of correct vocabulary in relationship to movement
- demonstrate knowledge of kinesthetic movement as it applies to classical ballet
- execute complex barre techniques and combinations
- execute complex center techniques and combinations
- perform more advanced adagio, petite allegro, and grande allegro variations

## Major Course Content

1. Barre
  - a. Plie and port de bras
  - b. Battement tendu
  - c. Battement Degage
  - d. Pas de cheval
  - e. Battement frappe
  - f. Ronde je jambe a terre
  - g. Petit battement
  - h. Developpe and fondu
  - i. Grande battement
2. Center Floor
  - a. Adagio Movement arabesque, attitude, sustained extensions
  - b. Promenade, Grand Promenade
  - c. Multipul Pirouette, Epaulement Positions
  - d. Petit allegro

- e. Double, triple beats
  - f. Fouette turns
3. Grande Allegro Combinations
    - a. Assemble, doubles
    - b. Jete
    - c. Saute Combinations
    - d. Balance
    - e. Grande batterie
    - f. Tour en l'air
    - g. Chanie/Pique turns; Double, triple
    - h. Grand jete

## Lab Content

1. Practice Progressive Exercises
  - a. Warm-up technique in practicum
  - b. Stretching in practicum
  - c. Floor Rehearsal of Basic ballet positions for balance, coordination
  - d. Low-impact aerobic exercises for toning, building stamina
2. Execution of Dance Forms
  - a. Dance combinations in practicum
  - b. Sustained movements in practicum
  - c. Jumps and turns in practicum

## Suggested Reading Other Than Required Textbook

Dance Magazine Histories of ballet as an art form Biographies of famous ballet dancers or choreographers

## Examples of Required Writing Assignments

Four page paper about ballet history, evolution of ballet, biographies of famous ballet dancers or choreographers

## Examples of Outside Assignments

Practice in class Lab exercises

## Instruction Type(s)

Lecture, Lab, Online Education Lecture, Online Education Lab