# DANC 270: INTERMEDIATE JAZZ DANCE II

# **Citrus College Course Outline of Record**

Heading	Value
Effective Term:	Fall 2021
Credits:	1
Total Contact Hours:	36
Lecture Hours :	18
Lab Hours:	18
Hours Arranged:	0
Outside of Class Hours:	36
Prerequisite:	DANC 260 or Audition.
District General Education:	E1. Dance Activity
Transferable to CSU:	Yes
Transferable to UC:	Yes - Approved
Grading Method:	Standard Letter, Pass/No Pass

### **Catalog Course Description**

Designed to instruct students in the advanced techniques of advanced jazz dance for the purpose of performance. More challenging dance combinations and instruction in individual body control, strength, stamina, style, and line. 18 lecture hours, 18 lab hours, 18 lab hours.

# **Course Objectives**

- demonstrate a kinesthetic knowledge of line, movement, rhythm, and coordination, thereby using the body as an instrument of expression
- build stamina, strength and locomotor skills with emphasis on classic jazz dance
- · demonstrate body control, flexibility, endurance, and locomotor recall

### **Major Course Content**

- 1. Review Basic and Intermediate Level Skills
- 2. Intermediate Skills
  - a. Strength exercises
  - b. Contractions
  - c. Body rolls
  - d. Isolations
  - e. Various jazz dance styles
  - f. Rhythmical recall
  - g. Turn combinations
  - h. Jump combinations
  - i. Dance combinations
- 3. Advanced Skills
  - a. Adagio training
  - b. Instruction on jazz choreographic forms
  - c. Contraction combinations
  - d. Combined turn and jump combinations
  - e. Floor work
  - f. Musical Theatre jazz
  - g. Partnering

#### **Lab Content**

- 1. Practice Progressive Exercises
  - a. Warm-up technique in practicum
  - b. Stretching in practicum
  - c. Floor Rehearsal of Basic ballet positions for balance, coordination
  - d. Low-impact aerobic exercises for toning, building stamina
- 2. Execution of Dance Forms
  - a. Dance combinations in practicum
  - b. Sustained movements in practicum
  - c. Jumps and turns in practicum

# Suggested Reading Other Than Required Textbook

Dance Magazine Histories of jazz as an art form Biographies of famous jazz dancers or choreographers

# **Examples of Required Writing Assignments**

Four page paper about jazz history, evolution of jazz, biographies of famous jazz dancers or choreographers

## **Examples of Outside Assignments**

Practice in class Lab exercises

# **Instruction Type(s)**

Lecture, Lab, Online Education Lecture, Online Education Lab