

DANC 159: BEGINNING TAP

Citrus College Course Outline of Record

Heading	Value
Effective Term:	Fall 2021
Credits:	1
Total Contact Hours:	36
Lecture Hours :	18
Lab Hours:	18
Hours Arranged:	0
Outside of Class Hours:	36
District General Education:	E1. Dance Activity
Transferable to CSU:	Yes
Transferable to UC:	Yes - Approved
Grading Method:	Standard Letter, Pass/No Pass

Catalog Course Description

Designed to instruct students in the dance technique of beginning tap. 18 lecture hours, 18 lab hours.

Course Objectives

- demonstrate various beginning level techniques in tap
- demonstrate a knowledge of correct vocabulary in relationship to movement
- demonstrate a beginning knowledge of kinesthesia as it applies to rhythm and tap
- analyze movement when viewing performances
- execute fundamental syncopation techniques
- perform beginning level tap steps
- demonstrate basic knowledge of tap history and origins of tap

Major Course Content

1. Barre
 - a. Ankle warm-up
 - b. Shuffles
 - c. Shuffle combinations
 - d. Flaps
 - e. Flap combinations
2. Center Floor
 - a. Cramp rolls
 - b. Maxi-fords
 - c. Draw-backs
 - d. Beginning level syncopations
3. Tap Combinations
 - a. Tap turns
 - b. Broadway tap styles
 - c. Time step combinations
 - d. Essence combinations

Lab Content

1. Practice Progressive Exercises
 - a. Warm-up technique in practicum
 - b. Stretching in practicum
 - c. Floor Rehearsal of Basic ballet positions for balance, coordination
 - d. Low-impact aerobic exercises for toning, building stamina
2. Execution of Dance Forms
 - a. Dance combinations in practicum
 - b. Sustained movements in practicum
 - c. Jumps and turns in practicum

Suggested Reading Other Than Required Textbook

Dance Magazine Histories of tap as an art form, Biographies of famous tap dancers or choreographers

Examples of Required Writing Assignments

Four page paper about tap history, evolution of tap, biographies of famous tap dancers or choreographers

Examples of Outside Assignments

Practice in class Lab exercises

Instruction Type(s)

Lecture, Lab, Online Education Lecture, Online Education Lab