# COS 221: HAIR EXTENSION TECHNIQUES

# **Citrus College Course Outline of Record**

Heading	Value
Effective Term:	Fall 2023
Credits:	1.5
Total Contact Hours:	63
Lecture Hours :	9
Lab Hours:	54
Hours Arranged:	0
Outside of Class Hours:	18
Total Student Learning Hours:	81
Prerequisite:	Enrolled in a cosmetology program with a minimum of 1000 hours completed, or a licensed cosmetologist or barber (must provide proof to instructor first day of class).
Transferable to CSU:	No
Transferable to UC:	No
Grading Method:	Standard Letter, Pass/No Pass

### **Catalog Course Description**

This class focuses on several hair extension techniques including: I-Tip, Microtip, Skinweft, Keratip, Plastic tubes, One-step weft, and Sew-ins. 9 lecture hours, 54 lab hours.

# **Course Objectives**

- Analyze hair patterns
- · Analyze hair texture, density, and wave pattern
- How to conduct a client consultation
- Identify the appropriate extension technique for hair texture and density
- · Utilize proper tools for each extension technique
- · Utilize proper cutting techniques to blend extensions into natural hair
- Demonstrate each extension technique using the appropriate tools in a safe and sanitary manner.

# **Major Course Content**

- 1. Health and Safety
  - a. State Board Rules and Regulations
  - b. Disinfecting procedures
  - c. Client protection
  - d. Personal protection
  - e. Tool maintenance
- 2. Textured Hair
  - a. Recognize and differentiate textured variations
  - Choose appropriate technique and hair for different textures and wave patterns
- 3. Hair Extension Tools

- a. Pulling needle
- b. Opening and closing tools
- c. Fusion tool
- d. Heat shield
- e. Skinweft press
- f. Needle and thread
- 4. Techniques
  - a. I-Tip
  - b. Micro-tip
  - c. Weft/sew ins
  - d. One step weft
  - e. Keratip
  - f. Plastic tubes
  - g. Skinweft/tape-in
- 5. Hair Extension Maintenance
- 6. Hair Extension Removal
- 7. Hair Extension Products

#### Lab Content

- 1. Techniques
  - a. I-Tip
  - b. Micro-tip
  - c. Weft/sew ins
  - d. One step weft
  - e. Keratip
  - f. Plastic tubes
  - g. Skin weft/tape-in
- 2. Hair Extension Removal
- 3. Hair Extension Product Application

# Suggested Reading Other Than Required Textbook

Various professional periodicals as assigned by the instructor.

# Examples of Required Writing Assignments

Visit multiple hair retailers and write up a summary and critique of the experience.

### **Examples of Outside Assignments**

Read chapters assigned in textbook and create a look-book of before and after extensions transformations.

# Instruction Type(s)

Lab, Lecture, Online Education Lab, Online Education Lecture