

# COS 191: HAIRSTYLING

## Citrus College Course Outline of Record

Heading	Value
Effective Term:	Fall 2023
Credits:	8.5
Total Contact Hours:	240
Lecture Hours :	120
Lab Hours:	120
Hours Arranged:	0
Outside of Class Hours:	240
Total Student Learning Hours:	480
Prerequisite:	COS 141.
Strongly Recommended:	ENGL 101.
Transferable to CSU:	No
Transferable to UC:	No
Grading Method:	Standard Letter

## Catalog Course Description

A continuation of the science and theory of professional hairstyling techniques and procedures introduced in COS 141. Lectures, demonstrations and practical experience in the following areas: hair care, set design, thermal styling, long hair design and creative artistry in hairstyling. 120 lecture hours, 120 lab hours.

## Course Objectives

- Design and create advanced hairstyles through wet/thermal and long hairstyling.
- Execute advanced techniques.
- Develop and interpret an individualized hairstyle for clients based on the principles of design.
- Consult and correctly identify hair texture and procedural applications.
- Compare and contrast tools and products needed for hair design.
- Develop skills and understanding of the necessary precautions with thermal equipment.
- Create a variety of basic and advanced long hairstyling using commonly used techniques.
- Effectively execute physical hair straightening designs for a culturally diverse market.
- Demonstrate proper safety and disinfection procedures using correct chemical agents when disinfecting tools.

## Major Course Content

1. Thermal Hairstyling
  - a. Draping
  - b. Blow drying
  - c. Press and curl
  - d. Thermal Irons
  - e. Safety procedures
  - f. Consumer protection
2. Hair and Scalp

- a. Draping
  - b. Massage
  - c. Treatments
  - d. Shampoo
  - e. Scalp treatments
  - f. Consumer protection
3. Set Design
    - a. Roller placement-base control
    - b. Hairsetting brush/comb out
    - c. Consumer protection
  4. Tools
    - a. Combs/brushes
    - b. Pins
    - c. Clips
    - d. Styling products
    - e. Sanitation & disinfection
    - f. Prevent communicable diseases
  5. Thermal Tools
    - a. Pressing comb
    - b. Curling/Waving iron
    - c. Flat iron
    - d. Safety & First Aid - Burns
  6. Advance Hair Design
    - a. Twist
    - b. Knots
    - c. Rolls
    - d. Overlaps
    - e. Braids
    - f. Loops
  7. Health and Safety
    - a. State board practices/regulations
    - b. Sanitation
    - c. Infection control
    - d. Consumer protection
    - e. Preventing communicable diseases

## Lab Content

1. Wet Styling
  - a. Differentiate set procedures
  - b. Demonstrate base control
  - c. Design, explain comb-out techniques
2. Thermal Hairstyling
  - a. Demonstrate, perform blow drying procedures
  - b. Practice, demonstrate straightening techniques
  - c. Safely demonstrate Marcel tool procedure
  - d. Employ safety precautions
  - e. Design hair artistry
3. Sanitation
  - a. Select, formulate disinfectants
  - b. Understand, explain state board regulations
  - c. Understand, analyze first aid and safety practices
4. Long Hair Styling

- a. Demonstrate up-do procedures
  - b. Execute, design braiding techniques
  - c. Design, produce evening styles
  - d. Design hair artistry
5. Tools
- a. Safely demonstrate proper usage of tools
  - b. Properly select correct electrical appliances
  - c. Differentiate thermal tools
  - d. Infection control
  - e. Consumer protection
6. Professional Development
- a. Communicate effectively with clients
  - b. Client record keeping
  - c. Develop interpersonal relationships

## **Suggested Reading Other Than Required Textbook**

Modern Hair Magazine American Salon Behind the Chair Magazine Artist Access

## **Examples of Required Writing Assignments**

Do research on an "Icon of the Industry" and be prepared to turn in a 500-1000 word essay History of hair styling and processes and other beauty preparations paper 3 pages with works cited pages.

## **Examples of Outside Assignments**

Portfolio of various hair designs Prepare for group project demonstrating hair artistry Participate in annual hairshow

## **Instruction Type(s)**

Lab, Lecture, Online Education Lab, Online Education Lecture