

COS 184: HAIRCUTTING AND STYLING

Citrus College Course Outline of Record

Heading	Value
Effective Term:	Fall 2025
Credits:	8
Total Contact Hours:	200
Lecture Hours :	120
Lab Hours:	80
Hours Arranged:	0
Outside of Class Hours:	240
Total Student Learning Hours:	440
Prerequisite:	COS 141, or COS 141A and COS 141B.
Strongly Recommended:	ENGL C1000.
Transferable to CSU:	No
Transferable to UC:	No
Grading Method:	Standard Letter

Catalog Course Description

A continuation of the theory of professional haircutting and hairstyling techniques and procedures introduced in COS 141. Lectures, demonstrations and practical experience in the following areas: haircutting including the use of shears, razors, electrical clippers and trimmers, and thinning shears, shampooing, hair analysis, blow drying, curling, nonchemical straightening, and dressing. 120 lecture hours, 80 lab hours.

Course Objectives

- Demonstrate and perform advanced haircutting techniques using the primary haircutting tools: shears, razor, clippers and texturizing shears.
- Effectively translate the basic haircutting forms: solid, uniform, increase layer, graduated and combination form, into complex haircuts and advanced designs demonstrating understanding of the foundational geometry of each form.
- Interpreting and identifying various haircutting techniques involves recognizing visual elements of the haircut and understanding terminology used in descriptions
- Design and comprehend advanced haircutting texturizing techniques.
- Identify complex haircuts by demonstrating and modeling through audio visual/live demonstration.
- Develop and interpret an individualized hairstyle for clients using the principles of design.
- Consult and correctly identify hair texture and apply the proper procedures
- Compare and contrast tools and products needed for hairstyling.
- Develop skills and understanding of the necessary precautions with thermal equipment.
- Create a variety of basic and advanced long hairstyling using commonly used techniques.
- Effectively execute physical hair straightening designs for a culturally diverse market.

- Practice safety, sanitation and disinfection procedures for electrical and non-electrical equipment.

Major Course Content

Health and Safety

1. Infection control
2. Draping
3. Tools and products
4. Disinfecting procedures

Haircutting Tools

1. Shears
2. Razor
3. Texturizing Shears
4. Clippers
5. Disinfecting tools
6. Consumer safety

Haircut Shapes

1. Solid
2. Increase-layer
3. Graduated
4. Uniform-layer
5. Fades
6. Combination

Techniques

1. Blunt
2. Notch
3. Slide-cut
4. Point-cut
5. Effilating /Slithering
6. Channeling
7. Over-comb Technique

Women's & Men's Haircutting

1. Long length haircutting
2. Medium length haircutting
3. Short length haircutting
4. Clipper cutting

Safety

1. Client protection
2. Tools
3. Personal protection
4. Equipment maintenance

Thermal Hairstyling

1. Draping
2. Blow drying
3. Press and curl
4. Thermal Irons

5. Safety procedures
6. Consumer protection

Hair and Scalp Treatments

1. Draping
2. Massage
3. Treatments
4. Shampoo
5. Scalp treatments
6. Consumer protection

Wet Hair Design

1. Roller placement-base control
2. Hairsetting brush/comb out
3. Consumer protection
4. Tools
 - a. Combs/brushes
 - b. Pins
 - c. Clips
 - d. Styling products
 - e. Sanitation & disinfection
 - f. Preventing communicable diseases
5. Thermal Tools
 - a. Pressing comb
 - b. Curling/Waving iron
 - c. Flat iron
 - d. Safety & First Aid - Burns

Advanced Hair Design

1. Updo's
2. Braids

Lab Content

Haircutting Analysis

1. Analyze and differentiate advanced haircutting shapes
2. Demonstrate and apply advanced techniques
3. Identify and apply various tools

Haircutting Tools

1. Demonstrate techniques using advanced haircutting and texturizing tools
2. Shears
3. Razor
4. Texturizing Shears
5. Clippers
6. Trimmers
7. Over-the-Comb Technique

Haircutting Services

1. Long length haircutting
2. Medium length haircutting
3. Short length haircutting

4. Clipper cut
5. Textured and curly haircutting techniques

Wet Hairstyling

1. Differentiate set procedures using rollers
2. Demonstrate base control
3. Design, explain comb-out techniques

Thermal Hairstyling

1. Demonstrate, perform blow drying procedures
2. Practice, demonstrate straightening techniques
3. Safely demonstrate Marcel tool procedure
4. Employ safety precautions

Long Hair Styling

1. Demonstrate up-do procedures
2. Execute, design braiding techniques
3. Design, produce evening styles
4. Tools
 - a. Safely demonstrate proper usage of tools
 - b. Properly select correct electrical appliances
 - c. Differentiate thermal tools
 - d. Infection control
 - e. Consumer protection

Suggested Reading Other Than Required Textbook

Hype Hair Magazine Behind the Chair Modern Salon

Examples of Required Writing Assignments

Write a one page description of a graduated form. Provide a narrative with a completed haircut and multiple design procedure criteria including head forms showing mapping of partings, sections, texture techniques.

Examples of Outside Assignments

Prepare an audio visual demonstration of a haircut.

Instruction Type(s)

Lab, Lecture, Online Education Lecture