

COS 141B: INTRODUCTION TO COSMETOLOGY II

Citrus College Course Outline of Record

Heading	Value
Effective Term:	Fall 2025
Credits:	4
Total Contact Hours:	100
Lecture Hours :	60
Lab Hours:	40
Hours Arranged:	0
Outside of Class Hours:	120
Total Student Learning Hours:	220
Prerequisite:	COS 141A.
Transferable to CSU:	No
Transferable to UC:	No
Grading Method:	Standard Letter

Catalog Course Description

This is part 2 of the introductory course for students majoring in cosmetology and/or hairstyling. The course is a continuation of the theoretical and practical instruction in a variety of subjects including health & safety, disinfection & sanitation, infection control, scalp care, trichology, basic haircutting, and basic hairstyling. 60 lecture hours and 40 lab hours.

Course Objectives

- Define and introduce various subjects applicable to the field of cosmetology such as: infection control, disinfection & sanitation, health & safety, trichology, hairstyling, haircutting.
- Consult and correctly recognize and identify hair and scalp conditions/treatments.
- Analyze and select the appropriate style and haircutting tools needed to meet the client's total personal image.
- Develop basic dexterity skills, techniques and proper work habits needed for cosmetology.
- Demonstrate proper safety and sanitation procedures using correct chemical agents when sanitizing tools.
- Comprehend the importance of communication and interpersonal skills for a service driven industry.

Major Course Content

Health & Safety Review

Disinfection & Sanitation

1. Instruction on proper disinfection procedures to protect the health and safety of consumers as well as the technician
2. Proper disinfection procedures for equipment used in establishments
3. First aid
4. Microbiology & infection control

Treatments

1. Scalp
2. Hair
3. Shampooing
4. Treatments/Conditioners
5. Disinfection & sanitation

Histology

1. Trichology
2. Properties of the scalp
3. Properties of the hair
4. Scalp Diseases and Disorders

Anatomy

1. Building blocks of human body

Electricity

1. Basic Principles of Electricity
2. Salon Usage
3. Safety

Hairstyling

1. Draping
2. Hair analysis
3. Cleansing
4. Shampooing
5. Arranging (with and without rollers)
6. Blow drying
7. Thermal curling
8. Thermal straightening

Haircutting

1. Draping
2. Safe use of shears
3. Palming
4. Sectioning
5. Parting
6. Basic hair cuts

Communication

1. Client consultation
2. Record keeping
3. Interpersonal skills/communication
4. Life skills

Lab Content

Cosmetology Procedures

1. Rules and regulations
2. Step-by-step applications
3. Sanitation and disinfection
4. Health & Safety procedures

Hair Treatments

1. Draping/Shampooing
2. Hair and scalp treatments
3. Scalp and hair products
4. Disinfection & sanitation

Instruction Type(s)

Lab, Lecture

Hairstyling

1. Draping
2. Wet hair design
3. Braiding
4. Thermal styling
5. Blow drying
6. Fingerwaves
7. Rollersets
8. Combouts
9. Basic Updo's (chignon and French pleat)
10. Disinfection & sanitation

Safety and Sanitation

1. Draping
2. Safety to protect consumer
3. Infection Control
4. Preventing communicable diseases

Haircutting

1. Draping
2. Palming
3. Sectioning/Parting
4. Haircut/Shapes
5. Uniform layered Haircut (90 degree)
6. Graduated Haircut (45 degree)
7. Disinfection & sanitation
8. Safety to protect consumer

Communication

1. Client consultation
2. Record keeping
3. Interpersonal skills

Suggested Reading Other Than Required Textbook

Modern Hair Magazine American Salon Behind the Chair Magazine

Examples of Required Writing Assignments

Choose an icon from the hair or beauty industry and create a PowerPoint presentation explaining their early life, education, clients, editorial work, awards, film credits, and contribution to the industry.

Examples of Outside Assignments

Design and create a special occasion updo Design and create a Pinterest page of special occasion hairstyles and updos