

COMM 1004H: INTERPERSONAL COMMUNICATION - HONORS

Citrus College Course Outline of Record

Heading	Value
Effective Term:	Fall 2026
Credits:	3
Total Contact Hours:	54
Lecture Hours :	54
Lab Hours:	0
Hours Arranged:	0
Outside of Class Hours:	108
Total Student Learning Hours:	162
Strongly Recommended:	ENGL C1000.
District General Education:	A2. Oral Communication and Critical Thinking, D1. Social Science
Transferable to CSU:	Yes
Transferable to UC:	Yes - Approved
Grading Method:	Standard Letter

Catalog Course Description

Common Course Description: This course covers theory, research, and application of ethical one-to-one communication practices in various and diverse interpersonal relationships including in personal, professional, and social situations. This is an honors course. Citrus College Details: This course focuses on the understanding of the communicative principles and theory involved in interpersonal interactions. With a focus on how social and cultural influences shape dyadic interactions. Students learn about the theoretical and research-related influences of language, nonverbal communication, culture, and other aspects that impact the dyadic interaction. Students learn various perspectives and research methods in gaining an understanding of the social and behavioral dynamics related to interpersonal communication. Student must be eligible for the Citrus College Honors Program or obtain a recommendation from an Honors instructor. Formerly SPCH 100H. 54 lecture hours.

Course Objectives

- Common Course Language: \nEvaluate and apply research methods and theories of interpersonal communication. \n
 - Common Course Language:\nAnalyze the ways that communication can create, develop and shape perceptions of personal and social identities including variables such as but not limited to culture, gender, ethnicity, race, age, and orientation.\n
 - Common Course Language: \nEvaluate the influences of culture, gender, ethnicity race, age, accessibility, and orientation on the development, maintenance, and dissolution of interpersonal relationships. \n
 - Common Course Language:\nCritically assess and utilize ethical communication practices within interpersonal relationships as part of interpersonal communication competency.
- Common Course Language:\nCritically assess sources of conflict in interpersonal relationships and implement appropriate conflict management strategies.\n
 - Citrus College Details:\nRecognize and evaluate the social and cultural patterns that affect cognition, emotions, and communication behavior in dyadic interpersonal contexts.
 - Citrus College Details:\nWith a theoretical focus, explain the socially-constructed dynamics influencing the maintenance and dissolution of various types of interpersonal relationships, ranging from new acquaintance relationships to close relationships.\n

Major Course Content

Common Course Language:

1. Foundational theories, models, and research in interpersonal communication.
2. Influences on identity development, and the impact of culture, race, ethnicity, gender, orientation, etc. on interpersonal communication.
3. The role of perception in interpersonal communication; including theories such as Attribution Theory and Uncertainty Reduction Theory
4. Symbolic and linguistic attributes with respect to language in interpersonal communication.
5. The role of emotions in communicating effectively; may include physiological, cognitive, and neurological theories.
6. Nonverbal communication; may include principles and theories such as Expectancy Violation Theory.
7. Listening; processes, styles, types, challenges, and responses.
8. Interpersonal climate (social tone of relationships) such as confirming/disconfirming messages, self-disclosure, and relational trust.
9. Ethics in interpersonal communication; may include concepts such as navigating power, influence, bias, stereotyping, bullying, and the dark side of communication.
10. Interpersonal conflict theories; may include Face-Negotiation Theory and Accommodation Theory.
11. Development, maintenance, and dissolution of various types of relationships; may include Social Penetration Theory, Attachment Theory, and Knapp's Relational Model.

Citrus College Details:

1. The Self & Self Disclosure
 - a. Communication and Self-Concept
 - b. Characteristics of Identity Management
 - c. Self-Disclosure: modality, relationship development, and self-disclosure/deception
2. Communication competency in dyadic interactions
 - a. Communication principles and theory in new dyadic interactions (e.g., a culturally different acquaintance, initiating interactions)
 - b. Communication principles and theory in established acquaintances (e.g., friendship maintenance, workplace interaction competence)
 - c. Communication principles and theory in close relationships (e.g., family, relationship partner, close friends)
3. Researching communication behaviors
 - a. Analysis of communication research: Literature Review, Methods/ Procedure, Limitations, Results/Discussion

- b. Conduct appropriate surveys related to communication variables
- c. Analyze social scientific study of communication variable(s)
- d. Summarize results of a communication discipline study

Suggested Reading Other Than Required Textbook

Read, analyze, and discuss case studies and/or academic journal research

Examples of Required Writing Assignments

Critical analysis of the rhetorical impact of various communication devices, reflection essay on speech performance, research paper that focuses on a review of literature in the field of speech communication, detailed formal outline of oral presentation in APA format, critical thinking responses to course topics and discussion prompts.

Write a term paper analyzing an interpersonal communication study or cultural phenomena and assess using communication studies theories and concepts.

Survey an audience and compare and contrast results with an existing theory or research finding in Communication Studies

Examples of Outside Assignments

Compare and contrast academic research in Communication Studies through compiling and assessing library research Lead a group discussion that focuses on a reading or film including comparisons with interpersonal concepts and theory

Analyze an interpersonal communication study or cultural phenomena and assess using communication studies theories and concepts.

Instruction Type(s)

Lecture, Online Education Lecture

IGETC Area 1: English Communication

1C. Oral Communication