# CM 210: CONSTRUCTION PROJECT SAFETY

#### **Citrus College Course Outline of Record**

| Heading                 | Value           |
|-------------------------|-----------------|
| Effective Term:         | Fall 2021       |
| Credits:                | 3               |
| Total Contact Hours:    | 54              |
| Lecture Hours :         | 54              |
| Lab Hours:              | 0               |
| Hours Arranged:         | 0               |
| Outside of Class Hours: | 108             |
| Strongly Recommended:   | ENGL 101.       |
| Transferable to CSU:    | Yes             |
| Transferable to UC:     | No              |
| Grading Method:         | Standard Letter |

#### **Catalog Course Description**

Introduction to construction project safety, OSHA requirements, Injury and Illness Prevention Program (IIPP), roles, functions, common construction hazards, accident costs, liability laws, field safety methods and controls. 54 lecture hours.

#### **Course Objectives**

- Understand the Occupational Safety and Health Act of 1970.
- Examine the fundamental components of a Safety Management System.
- Demonstrate understanding of role and responsibilities within the safety system.
- Describe and prepare a basic Job Hazard Analysis (JHA).
- Demonstrate familiarity with the Cal OSHA Construction Safety Orders and their application to construction sites.
- Prepare for and pass examination to secure a Cal OSHA 10-Hour Safety Certification.
- · Describe the basic attributes of an effective culture of safety.
- Understand and explain the components of a construction sitespecific Injury Illness and Prevention Plan (IIPP).

#### **Major Course Content**

- 1. The Occupational Safety & Health Act
- 2. Introduction to Cal OSHA
- 3. Personal Protective Equipment (PPEs)
- 4. The Focus Four Most Common Hazards
- 5. Employer's Injury Illness & Prevention Programs
- 6. Health Hazards
- 7. Excavations and Trenching
- 8. Hand and Power Tools

- 9. Stairways and Ladders
- 10. Confined Spaces
- 11. Hazardous Materials Handling
- 12. Scaffolds
- 13. Job Hazard Analysis (JHA)
- 14. Hazard Communication
- 15. Cal OSHA 10-Hour Certification

### Suggested Reading Other Than Required Textbook

Cal OSHA Construction Safety Orders (latest Edition)

## **Examples of Required Writing Assignments**

Prepare a Job Hazard Analysis (JHA) based on a real job-site or instructor-assigned case study and prepare to discuss in class.

#### **Examples of Outside Assignments**

Research the students' Employer's Injury Illness and Prevention Plan or Construction Safety Program.

#### **Instruction Type(s)**

Lecture, Online Education Lecture