

# CHLD 184: INFANT AND TODDLER CAREGIVER: ENVIRONMENTS AND ROUTINES

## Citrus College Course Outline of Record

Heading	Value
Effective Term:	Fall 2022
Credits:	1
Total Contact Hours:	18
Lecture Hours :	18
Lab Hours:	0
Hours Arranged:	0
Outside of Class Hours:	36
Strongly Recommended:	ENGL 101.
Transferable to CSU:	No
Transferable to UC:	No
Grading Method:	Standard Letter

## Catalog Course Description

This is one of four one-unit classes in Infant and Toddler Caregiving based on the Responsive Caregiving approach. Students in this class will learn to set up a safe, intimate, and interesting environment for infants and toddlers. They will also learn to evaluate infant and toddler care environments in terms of health and safety issues. Students discuss how to intentionally plan indoor and outdoor play environments. This class partially meets the licensing requirement for 3 units in infant and toddler care and development. 18 lecture hours.

## Course Objectives

- Identify health and safety regulation in an infant/toddler environment
- Identify common problems of caring for infants in groups and ways of solving those problems
- Develop an environment with appropriate materials and equipment for groups of infants and toddlers
- Incorporate the families' cultures into both the learning environment and routines.

## Major Course Content

1. Physical Environment
  - a. Health and safety
  - b. Space
  - c. Furnishing and colors
  - d. Equipment and supplies
2. Routines
  - a. Feeding
  - b. Diapering
  - c. Napping
3. Relationships

- a. Adult/child interactions
- b. Family sensitivity
- c. Culturally Responsive Care

## Suggested Reading Other Than Required Textbook

Harms, T., Infant Toddler Environment Rating Scale-3 Teacher's College Press, 2017

## Examples of Required Writing Assignments

Observation and written evaluation of a teacher during his/her handling of routines in an infant/toddler center.

## Examples of Outside Assignments

Group project to develop an appropriate physical environment for infants and toddlers that would serve the three groups: non-mobile infant, mobile crawlers, walking toddlers

## Instruction Type(s)

Lecture, Online Education Lecture