

BARB 103: ADVANCED SHAVING AND FACIAL SERVICES

Citrus College Course Outline of Record

Heading	Value
Effective Term:	Fall 2025
Credits:	5
Total Contact Hours:	140
Lecture Hours :	70
Lab Hours:	70
Hours Arranged:	0
Outside of Class Hours:	140
Total Student Learning Hours:	280
Prerequisite:	BARB 102.
Strongly Recommended:	ENGL C1000.
Transferable to CSU:	No
Transferable to UC:	No
Grading Method:	Standard Letter

Catalog Course Description

This course is a continuation of BARB 102 and includes advanced theoretical knowledge and techniques in shaving and trimming of the beard. Shaving shall include but is not limited to the following techniques and procedures: Preparing the client's hair for shaving, assessing the condition of the client's skin, performing shaving techniques, applying after-shave antiseptic following facial services, massaging the client's face, and rolling cream massages. Trimming of the beard utilizes clippers, trimmers and shears while considering facial shapes. 70 lecture hours, 70 lab hours.

Course Objectives

- Identify the diseases and disorders of the skin.
- Explain the anatomy and physiology of the skin, face, and neck.
- Perform a skin analysis and facial treatment.
- Demonstrate facial massage movements on a client.
- Perform a shave service on a client
- Perform a beard and mustache trim on a client.

Major Course Content

1. Men's Facial Massage and Treatments
 - a. Theory of massage
 - b. Muscles of the scalp, face, and neck
 - c. Nerve branches of the scalp, face, and neck
 - d. Arteries and veins of the affected by massage
 - e. Physiology effects of massage
 - f. Facial and electrotherapy equipment
 - g. Skin types
 - h. Skin analysis
 - i. Facial treatments
 - j. Product knowledge in facial treatments

2. Shaving and Trimming of the Beard
 - a. Infection control
 - b. Basic guidelines for shaving
 - c. Razor direction and zones
 - d. Razor safety
 - e. Mustache and beard design and facial shapes
 - f. Hair types
 - g. Types of razors

Lab Content

1. Men's Facial Massage and Treatments
 - a. Skin type and analysis
 - b. Facial procedures and treatments
 - c. Facial massage
 - d. Facial modalities
2. Shaving and Trimming of the Beard
 - a. Client consultation
 - b. Facial hair design
 - c. Basic guidelines and infection control for shaving
 - d. Razor direction and zones
 - e. Pre and post service care for shaves
 - f. Mustache and beard design

Suggested Reading Other Than Required Textbook

Barber Society Magazine, Modern Salon Magazine, Behind the Chair Magazine

Examples of Required Writing Assignments

Check in questions, workbook chapters, and vocabulary

Examples of Outside Assignments

Perform a facial and shave service on a client.

Instruction Type(s)

Lab, Lecture