

BARB 101: INTRODUCTION TO BARBERING

Citrus College Course Outline of Record

Heading	Value
Effective Term:	Fall 2025
Credits:	8.5
Total Contact Hours:	240
Lecture Hours :	120
Lab Hours:	120
Hours Arranged:	0
Outside of Class Hours:	240
Total Student Learning Hours:	480
Strongly Recommended:	ENGL C1000.
Transferable to CSU:	No
Transferable to UC:	No
Grading Method:	Standard Letter

Catalog Course Description

This is the introductory course for students majoring in barbering. The course includes the theoretical exploration and basic practical application of a variety of subjects including shampooing, draping, hair and scalp analysis, long haircutting techniques, hairstyling, infection control, health and safety, rules and regulations, basic anatomy, and basic electricity. 120 lecture hours, 120 lab hours.

Course Objectives

- Describe and perform infection control and disinfection procedures for implements and tools used in barbering.
- Consult and correctly recognize and identify hair and scalp conditions and treatments.
- Perform a client consultation and complete a service on a client.
- Perform the four basic haircuts on a mannequin or person.
- Perform basic hairstyling techniques such as braiding, blow drying, and use of hot tools.
- Demonstrate professional behavior and communication skills.

Major Course Content

1. The History of Barbering
 - a. Origin of the barber
 - b. Barber surgeons
 - c. Modern barbering organizations and state boards
2. Professional Image/Life Skills
 - a. Professional image
 - b. Human relations
 - c. Guidelines for success
3. Implements/Tools/Equipment
 - a. Combs
 - b. Shears
 - c. Clippers and trimmers
 - d. Straight razors
4. Infection Control/Safe Work Practices/Health and Safety

- a. Completion of the Health and Safety Training Course
 - b. Current regulations for health and safety
 - c. Principles of prevention and infection control
 - d. Preventing the spread of disease
 - e. Safe work practices
 - f. Professional responsibilities
5. General Anatomy and Physiology
 - a. Cells
 - b. Tissues
 - c. Body systems and associated organs
 6. Basic Electricity
 - a. Electrical equipment safety
 - b. Electrotherapy
 - c. Light energy and light therapy
 7. Properties and Disorders of the Hair and Scalp
 - a. Structure of the hair
 - b. Chemical composition of the hair
 - c. Hair growth
 - d. Hair loss
 8. Identifying disorders of the hair and scalp
 - a. Hair and scalp analysis
 9. Treatment of the Hair and Scalp
 - a. Shampooing
 - b. Draping
 - c. Scalp and hair treatments
 10. Long Haircutting and Styling
 - a. Basic haircutting
 - b. Blunt haircut (0 degree)
 - c. Graduated haircut (45 degree)
 - d. Uniform layered Haircut (90 degree)
 - e. Long layered haircut (180 degree)
 - f. Cutting curly hair
 - g. Blow drying
 - h. Iron work
 - i. Hairstyling
 - j. Face shapes

Lab Content

1. Disinfection Procedures
 - a. Infection control procedures
 - b. Disinfecting tools and implements
 - c. Safety and sanitation
2. Identifying disorders of the hair and scalp
 - a. Hair and scalp analysis
3. Treatments of the Hair and Scalp
 - a. Shampooing
 - b. Draping
 - c. Scalp and hair treatments
4. Long Haircutting
 - a. Palming the shears, sectioning, parting
 - b. Blunt haircut (0 degree)
 - c. Graduated haircut (45 degree)
 - d. Uniform layered haircut (90 degree)

- e. Long layered haircut (180 degree)
- f. Cutting curly hair
- 5. Hairstyling
 - a. Blow drying
 - b. Iron work (flat iron and marcel)
 - c. Braids
 - d. Wet hairstyling

Suggested Reading Other Than Required Textbook

Barber Society Magazine, Modern Salon Magazine, Behind the Chair Magazine

Examples of Required Writing Assignments

Check in questions, workbook chapters, face shapes analysis, Reset documentary analysis

Examples of Outside Assignments

Chapter check in questions, complete all of the chapters in the workbook, vocabulary, before and after haircut transformation on a person, finished styled look on a completed haircut on a mannequin or person

Instruction Type(s)

Lab, Lecture