

AJ 136: CORRECTIONAL INTERVIEWING AND COUNSELING

Citrus College Course Outline of Record

Heading	Value
Effective Term:	Spring 2024
Credits:	3
Total Contact Hours:	54
Lecture Hours :	54
Lab Hours:	0
Hours Arranged:	0
Outside of Class Hours:	108
Total Student Learning Hours:	162
Strongly Recommended:	ENGL 101.
Transferable to CSU:	Yes
Transferable to UC:	No
Grading Method:	Standard Letter

Catalog Course Description

The techniques in counseling and interviewing available to practitioners in corrections. The student will learn the use of appropriate techniques and theories in confidence building which may be used by the correctional employee in client interviews and counseling. 54 lecture hours.

Course Objectives

- Demonstrate understanding of group communication dynamics
- Demonstrate the ability to conduct an interview
- Discuss various kinds of intervention/counseling techniques
- Demonstrate and explain the development of roles and responsibilities of clients and staff
- Identify obstacles that complicate the task of conducting objective interviews and counseling

Major Course Content

1. The Function of Correctional Counseling and Treatment
2. Understanding the Special Challenges Faced by the Correctional Counselor in the Prison Setting
3. Psychoanalytic Therapy
4. Radical Behavioral Interventions
5. Early Approaches to Group and Milieu Therapy
6. Diagnosis and Assessment of Criminal Offenders
7. An Overview of Offender Classification Systems
8. Social Learning Models
9. Cognitive Therapies
10. Family Therapy
11. Treating Sexual Offenders
12. Treating Substance Abuse in Offender Populations

13. Treating Antisocial Offenders
14. Correctional Treatment: Accomplishments and Realities

Suggested Reading Other Than Required Textbook

Review Title 15 - Inmate Classification System at www.cdcr.ca.gov

Examples of Required Writing Assignments

Prepare a five to seven page report in APA format regarding theory, technique and issues related to correctional counseling
or
Prepare a five to seven page written assignment in APA format regarding the historical development of treatment with designated populations

Examples of Outside Assignments

Read text material Prepare for class discussions Study for quizzes and exams Prepare written reports Complete extra credit material

Instruction Type(s)

Lecture, Online Education Lecture