

# REGISTERED NURSING (RNRS)

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## RNRS 190

### Foundations of Nursing

4 Units (AA/AS)

36 lecture hours, 108 lab hours

Equivalent to: NRS 190

Grade Mode: Standard Letter

*Prerequisite(s): Admission to the ADN program.*

The first course in the nursing sequence, students are introduced to the applications of the nursing process and critical thinking needed to provide basic care to clients in a variety of community, long term and acute care settings. Emphasis is on promoting optimum health across the health-illness continuum. Clinical experiences provide the opportunity to practice basic skills in the skills lab and the clinical setting.

## RNRS 191

### Introduction to Medical/Surgical Nursing I

5 Units (AA/AS)

45 lecture hours, 135 lab hours

Equivalent to: NRS 191

Grade Mode: Standard Letter

*Prerequisite(s): BIOL 200, BIOL 201 and BIOL 220 or equivalents and admission to the ADN program.*

*Co-Requisite(s): RNRS 190.*

Introduction to Medical-Surgical Nursing I introduces the first year nursing student to concepts and practices as they relate to the non-critical patient in the Medical-Surgical environment. Through utilization of the nursing process, the student will recognize alterations in functioning or illness and formulate age-appropriate nursing interventions by utilizing the nursing process and critical thinking skills.

## RNRS 193

### Pediatric Nursing

3 Units (AA/AS)

27 lecture hours, 81 lab hours

Grade Mode: Standard Letter

*Prerequisite(s): RNRS 190 and RNRS 191.*

*Co-Requisite(s): RNRS 194; RNRS 195.*

This course focuses on integration and application of the nursing process as it relates to the nursing care of children and their families. Emphasis is on the concepts and skills related to age and developmental appropriate family centered care. Clinical experiences will provide opportunities for students to participate in therapeutic activities in a variety of pediatric settings.

## RNRS 194

### Obstetrics/Maternity Nursing

3 Units (AA/AS)

27 lecture hours, 81 lab hours

Grade Mode: Standard Letter

*Co-Requisite(s): RNRS 195.*

This course will enable the student to attain knowledge and skills necessary to provide safe, effective, culturally sensitive physiological care using the nursing process and family centered approach for childbearing clients and their families. Clinical experiences will provide opportunities for students to participate in therapeutic activities during antepartum, intrapartum, and postpartum periods; as well as the care and monitoring of the newborn.

## RNRS 195

### Beginning Medical/Surgical Nursing II

4.5 Units (AA/AS)

36 lecture hours, 135 lab hours

Grade Mode: Standard Letter

*Prerequisite(s): RNRS 190 and RNRS 191.*

*Co-Requisite(s): RNRS 193 and RNRS 194.*

Medical Surgical Nursing II develops the first years nursing student's knowledge and skills as they relate to the adult non-critical, moderately complex medical-surgical patient. Through utilization of the nursing process, the student will recognize alterations in functioning or illness and formulate age-appropriate nursing interventions. Psychomotor skills associated with moderately complex needs, medication administration and intravenous therapy will be studied and practiced. The impact of multiple nursing diagnoses on patient outcomes will be introduced.

## RNRS 200

Role Transitions: LVN to RN

3 Units (AA/AS)

36 lecture hours, 54 lab hours

Equivalent to: NRS 200

Grade Mode: Standard Letter

*Prerequisite(s): Current licensure in California as a Licensed Vocational Nurse; BIOL 200, BIOL 201 and BIOL 220.*

This course is designed to assist the LVN in transitioning from the LVN role to the expected role of the ADN student. Course content includes nursing process, critical thinking, therapeutic communication, delegation skills, physical assessment and legal/ethical concerns. The on-campus lab provides opportunity for students to validate nursing skill and practice new skills like physical assessment.

## RNRS 201

### Medical-Surgical Nursing III

6.5 Units (AA/AS)

63 lecture hours, 162 lab hours

Equivalent to: NRS 201

Grade Mode: Standard Letter

*Prerequisite(s): RNRS 193, RNRS 194 and RNRS 195 for generic track students, or, RNRS 200 for Advanced Placement track students.*

This course examines the nursing care of selected individuals throughout the lifespan who are experiencing complex alterations in wellness involving multiple systems. Clinical experiences in local health care agencies and computerized simulation manikins and scenarios provide students opportunity to apply theoretical concepts to actual care of clients.

## RNRS 203

### Mental Health-Psychiatric Nursing

3 Units (AA/AS)

27 lecture hours, 81 lab hours

Equivalent to: NRS 203

Grade Mode: Standard Letter

*Prerequisite(s): RNRS 193, RNRS 194 and RNRS 195 or RNRS 200 and current standing as an LVN in California.*

*Strongly recommended: ENGL 101.*

This course presents the principles of mental health and the social, economic, cultural and physiological factors that predispose a person to dysfunctional human behavior. Emphasis is placed on the therapeutic role of the nurse in promotion, preventing, maintaining and restoring individuals to optimal mental well-being. Concepts of therapeutic communication, age related concerns, treatment modalities, and delivery of mental health services are included. Clinical laboratory experiences are provided in community care facilities.

**RNRS 251**

**Medical-Surgical Nursing IV**

**7 Units (AA/AS)**

**63 lecture hours, 190 lab hours**

**Equivalent to: NRS 251**

**Grade Mode: Standard Letter**

*Prerequisite(s): RNRS 201 and RNRS 203.*

This course is a continuation of the nursing care of selected individuals throughout the life span who are experiencing complex alterations in wellness involving multiple systems. Care of clients experiencing multi-system failure and severe trauma is also included. Clinical experiences in local health care agencies provide students opportunity to apply theoretical concepts to actual care of patients.