

# DANCE (DANC)

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## DANC 102

### History of Dance

**3 Units (AA/AS; Citrus C1; CSU; IGETC 3A; UC; CSUGE C1)**

**54 lecture hours**

**Grade Mode: Pass/No Pass, Standard Letter**

A survey of dance from tribal, ethnic, and folk dance forms including Renaissance Europe, Louis XIV, the Golden Age of Ballet, and the Diaghilev Era, concluding with 20th Century dance including jazz, African-American influences, neo-classic ballet, modern, hip-hop and world dance.

## DANC 103

### Introduction to Dance

**1 Unit (AA/AS; Citrus E1; CSU; UC)**

**18 lecture hours, 18 lab hours**

**Grade Mode: Pass/No Pass, Standard Letter**

An introduction to dance as an art form through lecture and activity. The student will experience historical and contemporary dance forms, such as ballet, modern jazz, contemporary, hip hop, and tap.

## DANC 130

### Alignment and Correctives

**2 Units (AA/AS; Citrus E1; CSU; UC)**

**36 lecture hours, 18 lab hours**

**Grade Mode: Pass/No Pass, Standard Letter**

A class for non-dancers and dancers seeking an introduction to the structural aspects that affect movement and gait. Lectures include biomechanical and neuromuscular aspects of the body. Practical hours include in-depth study of Pilates mat techniques and Gyro-kinesis.

## DANC 158

### Beginning Hip-Hop Dance Techniques

**1 Unit (AA/AS; Citrus E1; CSU; UC)**

**18 lecture hours, 18 lab hours**

**Grade Mode: Pass/No Pass, Standard Letter**

A survey of the basic skills of hip-hop dance technique and history. This class provides basic technique, warm-ups, stretching, body control and stamina progressing to hip-hop dance combinations. This class prepares students specifically for occupational dance performance techniques in the hip-hop commercial dance industry.

## DANC 159

### Beginning Tap

**1 Unit (AA/AS; Citrus E1; CSU; UC)**

**18 lecture hours, 18 lab hours**

**Grade Mode: Pass/No Pass, Standard Letter**

Designed to instruct students in the dance technique of beginning tap.

## DANC 160

### Jazz Dance Techniques

**1 Unit (AA/AS; Citrus E1; CSU; UC)**

**18 lecture hours, 18 lab hours**

**Grade Mode: Pass/No Pass, Standard Letter**

A survey of the beginning level skills in jazz movement. This class provides basic technique and practice warm-ups, stretching, body control, and the building of stamina and strength progressing to dance combinations.

## DANC 161

### Beginning Modern Dance

**1 Unit (AA/AS; Citrus E1; CSU; UC)**

**18 lecture hours, 18 lab hours**

**Grade Mode: Pass/No Pass, Standard Letter**

The study of dance through varied individual and group experiences in Beginning Modern Dance, with emphasis on increasing the individual's ability to use movement creatively.

## DANC 162

### Beginning Ballet

**1 Unit (AA/AS; Citrus E1; CSU; UC)**

**18 lecture hours, 18 lab hours**

**Grade Mode: Pass/No Pass, Standard Letter**

Designed to instruct students in the beginning level dance technique of classical ballet. Ballet barre, center floor and historical context of classical ballet are covered.

## DANC 167

### Latin Dance for Fitness

**1 Unit (AA/AS; Citrus E1; CSU; UC)**

**18 lecture hours, 18 lab hours**

**Grade Mode: Pass/No Pass, Standard Letter**

Latin Dance for Fitness combines dance, Latin and funk rhythms, and aerobic elements to provide a fun, upbeat, cardiovascular workout. Students will constantly move to various genres of Latin music, utilizing various tempos. Salsa, cha-cha, tango, mambo, Latin jazz, and hip-hop rhythms will be incorporated. Students will build stamina, while increasing cardiovascular fitness. This course is designed to help students develop aerobic capacity, coordination, balance, rhythmic awareness, and flexibility.

## DANC 172

### Composition in Group Forms

**2 Units (AA/AS; Citrus E1; CSU; UC)**

**18 lecture hours, 54 lab hours**

**Grade Mode: Pass/No Pass, Standard Letter**

*Prerequisite(s): DANC 160 or DANC 161 or DANC 162 or Audition.*

A practical course guiding the student in choreographic structure, designed specifically for group forms. All movement exploration will be on the basis of ballet, jazz or modern dance technique.

## DANC 230

### Alignment and Correctives Intermediate

**2 Units (AA/AS; Citrus E1; CSU; UC)**

**36 lecture hours, 18 lab hours**

**Grade Mode: Standard Letter**

*Prerequisite(s): DANC 130.*

A class for non-dancers and dancers seeking a deeper survey of the structural aspects that affect movement and gait. Lectures include biomechanical and neuromuscular aspects of the body. Practical hours include in-depth study of intermediate level Pilates mat and Reformer techniques and sequences.

## DANC 258

### Intermediate Hip-Hop Dance

**1 Unit (AA/AS; Citrus E1; CSU; UC)**

**18 lecture hours, 18 lab hours**

**Grade Mode: Pass/No Pass, Standard Letter**

*Prerequisite(s): DANC 158.*

A survey of the intermediate level skills of hip-hop dance technique and history. This class provides intermediate level technique, warm-ups, stretching, body control and stamina progressing through hip-hop dance combinations. This class prepares students specifically for occupational dance performance techniques in the hip-hop commercial dance industry.

**DANC 259****Intermediate Tap I****1 Unit (AA/AS; Citrus E1; CSU; UC)****18 lecture hours, 18 lab hours****Grade Mode: Pass/No Pass, Standard Letter***Prerequisite(s): DANC 159 or Audition.*

Designed to instruct students in the intermediate dance technique of tap. More study of the positions and combinations of tap.

**DANC 260****Intermediate Jazz Dance I****1 Unit (AA/AS; Citrus E1; CSU; UC)****18 lecture hours, 18 lab hours****Grade Mode: Pass/No Pass, Standard Letter***Prerequisite(s): DANC 160 or Audition.*

Development of the techniques necessary to execute modern jazz dance. This class is designed to further develop the techniques of the student with intermediate instruction in stretching, body control, strength, stamina, more challenging dance combinations and progression of personal style.

**DANC 261****Intermediate Modern Dance I****1 Unit (AA/AS; Citrus E1; CSU; UC)****18 lecture hours, 18 lab hours****Grade Mode: Pass/No Pass, Standard Letter***Prerequisite(s): DANC 161 or Audition.**Strongly recommended: DANC 162.*

A continuing study of modern dance with more in-depth instruction in the technique and creative elements of the dance form, including individual and group in-class projects.

**DANC 262****Intermediate Ballet I****1 Unit (AA/AS; Citrus E1; CSU; UC)****18 lecture hours, 18 lab hours****Grade Mode: Pass/No Pass, Standard Letter***Prerequisite(s): DANC 162 or Audition.*

Designed to instruct students in the intermediate dance technique of classical ballet. A more in-depth study of the positions and combinations of ballet.

**DANC 263A****Dance for Musical Theatre - Beginning****4 Units (AA/AS; Citrus E1; CSU; UC)****36 lecture hours, 108 lab hours****Grade Mode: Pass/No Pass, Standard Letter***Prerequisite(s): Audition.*

This course is an in-depth performance experience focusing on styles of body movement for musical theatre stage productions. The fundamentals of dance will be reviewed, including beginning ballet positions and exercises and beginning tap. Concepts of the history of dance in musical stage will also be explored.

**DANC 263B****Dance for Musical Theatre- Intermediate****4 Units (AA/AS; Citrus E1; CSU; UC)****36 lecture hours, 108 lab hours****Grade Mode: Pass/No Pass, Standard Letter***Prerequisite(s): DANC 263A or Audition.*

This course is an in-depth performance experience focusing on styles of body movement for musical theatre stage productions at the intermediate level. The fundamentals of dance will be reviewed, progressing to intermediate ballet positions as well as intermediate jazz, tap and musical theatre terminology. Concepts of the history of dance in musical stage will also be explored in greater detail.

**DANC 264****Beginning Popular Dance Techniques****4 Units (AA/AS; Citrus E1; CSU; UC)****36 lecture hours, 126 lab hours****Grade Mode: Pass/No Pass, Standard Letter***Prerequisite(s): Audition.*

This course is an in-depth performance experience focusing on popular dance styles. The fundamentals of dance will be reviewed, and a focus on modern dance styles and techniques will be explored. Concepts of commercial dance techniques for videos and pop stage will also be studied.

**DANC 265A****Musical Staging: Rehearsal and Performance - Beginning****2 Units (AA/AS; Citrus E1; CSU; UC)****18 lecture hours, 54 lab hours****Equivalent to: DANC 265****Grade Mode: Pass/No Pass, Standard Letter***Prerequisite(s): Audition.*

Special rehearsal and public performance above and beyond normal class expectations. Beginning level musical staging techniques are explored in practicum assignments for live theatrical production.

**DANC 265B****Musical Staging: Rehearsal and Performance- Intermediate****2 Units (AA/AS; Citrus E1; CSU; UC)****18 lecture hours, 54 lab hours****Grade Mode: Pass/No Pass, Standard Letter***Prerequisite(s): DANC 265A or Audition.*

Special rehearsal and public performance in musical staging above and beyond normal class expectations- intermediate level.

**DANC 266****Pop Dance: Rehearsal and Performance - Beginning****2 Units (AA/AS; Citrus E1; CSU; UC)****18 lecture hours, 54 lab hours****Grade Mode: Pass/No Pass, Standard Letter***Prerequisite(s): Audition.*

Special rehearsal and public performance above and beyond normal class expectations - beginning level.

**DANC 268****Intermediate 2 Hip-Hop Dance****1 Unit (AA/AS; Citrus E1; CSU; UC)****18 lecture hours, 18 lab hours****Grade Mode: Standard Letter***Prerequisite(s): DANC 258.*

A survey of the intermediate to advanced level skills of hip-hop dance technique and history. This class provides intermediate to advanced level technique, warm-ups, stretching, body control and stamina progressing through hip-hop dance combinations. This class prepares students specifically for occupational dance performance techniques in the hip-hop commercial dance industry.

**DANC 269****Intermediate Tap II****1 Unit (AA/AS; Citrus E1; CSU; UC)****18 lecture hours, 18 lab hours****Grade Mode: Pass/No Pass, Standard Letter***Prerequisite(s): DANC 259 or Audition.*

A more in-depth study of students' abilities and techniques in tap dance progressing from the intermediate to advanced level. Increased emphasis on style, speed and accuracy of sounds.

**DANC 270****Intermediate Jazz Dance II****1 Unit (AA/AS; Citrus E1; CSU; UC)****18 lecture hours, 18 lab hours****Grade Mode: Pass/No Pass, Standard Letter***Prerequisite(s): DANC 260 or Audition.*

Designed to instruct students in the advanced techniques of advanced jazz dance for the purpose of performance. More challenging dance combinations and instruction in individual body control, strength, stamina, style, and line. 18 lab hours.

**DANC 271****Intermediate Modern Dance II****1 Unit (AA/AS; Citrus E1; CSU; UC)****18 lecture hours, 18 lab hours****Grade Mode: Pass/No Pass, Standard Letter***Prerequisite(s): DANC 261 or Audition.*

A more advanced study of modern dance through varied individual and group experiences. Includes more complicated exercises and combinations with emphasis on the individual's use of creative movement.

**DANC 272****Intermediate Ballet II****1 Unit (AA/AS; Citrus E1; CSU; UC)****18 lecture hours, 18 lab hours****Grade Mode: Pass/No Pass, Standard Letter***Prerequisite(s): DANC 262 or Audition.*

A course in the advanced techniques of classical ballet for the purpose of performance. A more in-depth study of movement vocabulary centered on individual style, strength, and technique.

**DANC 279****Advanced Tap I****1 Unit (AA/AS; Citrus E1; CSU; UC)****18 lecture hours, 18 lab hours****Grade Mode: Pass/No Pass, Standard Letter***Prerequisite(s): DANC 269 or Audition.*

An advanced study of students' abilities and techniques in tap dance. Increased emphasis on style, speed and accuracy of sounds.

**DANC 281****Advanced Jazz Dance I****1 Unit (AA/AS; Citrus E1; CSU; UC)****18 lecture hours, 18 lab hours****Grade Mode: Pass/No Pass, Standard Letter***Prerequisite(s): DANC 270 or Audition.*

Designed to instruct students in the advanced techniques of advanced jazz dance for the purpose of performance. More challenging dance combinations and instruction in individual body control, strength, stamina, style, and line.

**DANC 284****Intermediate Popular Dance Techniques****4 Units (AA/AS; Citrus E1; CSU; UC)****36 lecture hours, 126 lab hours****Grade Mode: Pass/No Pass, Standard Letter***Prerequisite(s): DANC 264 or Audition.*

This course is an in-depth performance experience focusing on intermediate level popular dance styles. The fundamentals of dance will be reviewed, and a focus on modern dance styles and techniques will be explored. Concepts of commercial dance techniques for videos and pop stage will also be studied.

**DANC 289****Dance Concert Production****3 Units (AA/AS; CSU; UC)****36 lecture hours, 72 lab hours****Grade Mode: Pass/No Pass, Standard Letter***Prerequisite(s): Audition.*

Live dance concert production. Students will function as dance members in a fully produced dance production. The course is also open to all qualified students who wish to participate in production.

**DANC 292****Advanced Ballet I****1 Unit (AA/AS; Citrus E1; CSU; UC)****18 lecture hours, 18 lab hours****Grade Mode: Pass/No Pass, Standard Letter***Prerequisite(s): DANC 272.*

A course in the upper advanced techniques of classical ballet for the purpose of performance level technique and strength. An intense study of movement vocabulary centered on individual style, strength, and technique.

**DANC 296****Pop Dance: Rehearsal and Performance- Intermediate****2 Units (AA/AS; Citrus E1; CSU; UC)****18 lecture hours, 54 lab hours****Grade Mode: Pass/No Pass, Standard Letter***Prerequisite(s): DANC 266.*

Special rehearsal and public performance above and beyond normal class expectations- intermediate level.