**PSYCHOLOGY**

Psychology is the scientific study of behavior and cognitive processes. Using the scientific method, this discipline examines thoughts, emotions, and behavior from biological and psychological perspectives. Courses in psychology satisfy general education requirements for an associate degree for transfer in psychology, and lower division transfer. The Honors Program includes PSY 101H Introduction to Psychology - Honors.

**Leadership Course**

The program is unique in that one of its goals is to ensure the continuation of quality student representation in the participatory decision making efforts of the Citrus Community College District. The program seeks to instill within its students a practical sense of dynamics within an organization and some of the techniques that leaders utilize to enhance the effectiveness of the group as well as how to run meetings through the proper use of parliamentary procedure. In addition, the program places a heavy emphasis on self-knowledge based on reflection.

**Faculty**

<table>
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</table>

**Contact Information**

**Division**
Social and Behavioral Sciences

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CI 120

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**Discipline Website**
http://www.citruscollege.edu/academics/programs/psy

**Learning Outcomes**

This discipline prepares students to do the following:

- Demonstrate proficiency in analyzing or manipulating numerical data in order to critique scientific study to gain perspective of the role of data in psychological research and research methodology.
- Analyze a variety of behavioral science research designs to develop critical analysis needed for transfer level coursework.
- Demonstrate analytic thinking by comparing and applying psychological theories to human behavior to relate classroom theory to real-world examples.
- Demonstrate proper use of basic word processing and computing skills through research, synchronous and asynchronous communication, and written essay to access information available only through technological means to improve technology skills necessary in a global environment.
- Explore issues of efficacy and self-exploration to benefit from the unique content of course work in psychology.

**Courses**

**LEAD 103**
Foundations of Leadership
3 Units (AA/AS; CSU; UC; CSUGE E)
54 lecture hours
Grade Mode: Standard Letter
Strongly recommended: ENGL 101.
A survey of the foundational theories and applications of leadership. Leadership is examined from the individual to its applications in the team and organizational settings. Emphasis is placed on the development of the student as a leader. This course is required either as a corequisite or prerequisite to holding a leadership position in the campus’ student government association.

**PSY 101**
Introduction to Psychology
3 Units (AA/AS; Citrus D2; CSU; UC; IGETC 4I; CSUGE D9)
54 lecture hours
Equivalent to: PSY 101H, PSY 201
Grade Mode: Pass/No Pass, Standard Letter
Strongly recommended: ENGL 101.
The course is an introduction to psychology as an empirical science involving a synthesis of theory and research within the domains of behavior, cognition and affect. Students are expected to work and participate using critical thinking skills, thoughtful analysis/synthesis of readings, presentations and discussions within the class environment.

**PSY 101H**
Introduction to Psychology - Honors
3 Units (AA/AS; Citrus D2; CSU; UC; IGETC 4I; CSUGE D9)
54 lecture hours
Equivalent to: PSY 101
Grade Mode: Standard Letter
Prerequisite(s): Student must be eligible for the Citrus College Honors Program or obtain a recommendation from an Honors instructor.
Strongly recommended: ENGL 101.
The course is an introduction to psychology as an empirical science involving a synthesis of theory and research within the domains of behavior, cognition and affect. Students are expected to work and participate at an honors level which includes demonstrating strong critical thinking skills through analysis of social scientific literature and original research in a seminar style class format.
PSY 102
Psychobiology
3 Units (AA/AS; Citrus B1; CSU; UC; IGETC 5B; CSUGE B2)
54 lecture hours
Grade Mode: Pass/No Pass, Standard Letter
Prerequisite(s): PSY 101 or PSY 101H.
Strongly recommended: BIOL 104 or BIOL 105 or BIOL 105H; ENGL 101 or ENGL 101H.
This course introduces the scientific study of the biological bases of behavior and its fundamental role in the neurosciences. Physiological, hormonal, and neurochemical mechanisms, and brain-behavior relationships underlying the psychological phenomena of sensation, perception, regulatory processes, emotion, learning, memory, and psychological disorders will be addressed. The course also notes historical scientific contributions and current research principles for studying brain-behavior relationships and mental processes. Ethical standards for human and animal research are discussed in the context of both invasive and non-invasive experimental research.

PSY 103
Statistics for the Social and Behavioral Sciences
3 Units (AA/AS; Citrus A3; CSU; IGETC 2A; UC; CSUGE B4)
54 lecture hours
Grade Mode: Standard Letter
Prerequisite(s): MATH 040 or MATH 150 or placement into transfer-level math or higher.
Strongly recommended: ENGL 101.
An elementary course in statistical concepts designed especially for students in the social and behavioral science areas. The development of basic skills in descriptive statistics and inferential statistics is stressed. Initial emphasis will be placed on understanding the normal curve and its properties. Special attention will then be given to parametric tests (Pearson’s correlation, Z test, t-tests, ANOVA) as well as non-parametric tests (Chi Square).

PSY 110
Psychology of Religion
3 Units (AA/AS; Citrus D2; CSU; UC; IGETC 4I; CSUGE D9)
54 lecture hours
Grade Mode: Pass/No Pass, Standard Letter
Strongly recommended: ENGL 101.
This course explores the connection between psychology and religion. It focuses on how different schools of psychological thought view and interpret religious concepts and experiences. The major psychological perspectives that are studied include: psychoanalytic theory, behavioristic and humanistic theories. The psychological principles embedded in religion will be studied.

PSY 203
Research Methods in Psychology
4 Units (AA/AS; CSU; IGETC 2A; UC; IGETC 4I; CSUGE D9)
54 lecture hours, 54 lab hours
Equivalent to: PSY 104
Grade Mode: Standard Letter
Prerequisite(s): PSY 101 or PSY 101H; PSY 103 or MATH 165 or MATH 165H.
Strongly recommended: ENGL 101.
An introductory course in research methodology designed for students in the behavioral and social sciences. The application of basic skills in descriptive and inferential statistics is stressed, as well as critical analysis of experimental and non-experimental research methods in basic and applied research settings.
PSY 225  
Psychology of Human Sexuality  
3 Units (AA/AS; Citrus D2; CSU; UC; IGETC 4I; CSUGE D9; CSUGE E)  
54 lecture hours  
Grade Mode: Pass/No Pass, Standard Letter  
StrONGLy recommended: ENGL 101.  
An introductory survey of the psychological bases and dimensions of human sexuality with emphasis on the socio-cultural factors involved in intimate relating, sexuality, and loving.

PSY 226  
Psychology of Women  
3 Units (AA/AS; Citrus D2; CSU; UC; IGETC 4I; CSUGE D4; CSUGE D9)  
54 lecture hours  
Grade Mode: Standard Letter  
StrONGLy recommended: ENGL 101.  
This course will examine theory and research on female development from birth to death, taking into consideration psychological, sociological and biological factors. Implications for personal and social change will be emphasized through critical analysis of contemporary gender issues, data and psychological theory.

Programs

Associate Degree  
- ADT in Psychology (http://catalog.citruscollege.edu/disciplines/psychology/psychology-adt)