

ADT IN NUTRITION AND DIETETICS

The Associate in Science in Nutrition and Dietetics for Transfer (AS-T) involves the understanding of nutrient metabolism and the relationship to optimal health including prevention of degenerative diseases. The course of study provides an integrated curriculum of nutrition coursework along with a solid background in the human body, chemical function and metabolism of nutrients, and the sociological implications of food and behavior. Throughout the degree students will acquire and develop knowledge and skills that will provide a solid background in nutrition so that students can make informed decisions on their personal health and that of their families and communities.

Upon completion of the Associate in Science in Nutrition and Dietetics for Transfer (AS-T), students will have a strong academic foundation in the field and be prepared for upper division baccalaureate study. Completion of the degree indicates that the student will have satisfied the lower division requirements for transfer into a Nutrition and Dietetics program for many campuses in the California State University system.

Requirements

Students receiving this transfer degree must meet the following requirements:

1. Completion of 60 semester units or 90 quarter units that are eligible for transfer to the California State University, including both of the following:
 - a. The Intersegmental General Education Transfer Curriculum (IGETC) (<http://catalog.citruscollege.edu/programs-study/graduation-requirements-associate-degree/general-education-requirements-transfer-csu-uc-igetc-option-iii/>) or the California State University General Education - Breadth Requirements (<http://catalog.citruscollege.edu/programs-study/graduation-requirements-associate-degree/general-education-requirements-transfer-csu-csuge-option-ii/>).
 - b. A minimum of 18 semester units or 27 quarter units in a major or area of emphasis, as determined by the community college district.
2. Obtainment of a minimum grade point average of 2.0.

ADTs also require that students must earn a "C" (or "P") or better in all courses required for the major or area of emphasis.

Code	Title	Units
Required courses:		
BIOL 220	Microbiology	5
CHEM 111	General Chemistry I	5
KIN 173	Introduction to Nutrition	3
PSY 101	Introduction to Psychology	3
or PSY 101H	Introduction to Psychology - Honors	
List A: Select two (2) of the following courses:		
BIOL 200	Human Anatomy	4
BIOL 201	Human Physiology	4
CHEM 112	General Chemistry II	5
MATH 165	Introductory Statistics ¹	4

Code	Title	Units
List B: Select one (1) of the following courses:		
ANTH 210	Introduction to Cultural Anthropology	3
or ANTH 210H	Introduction to Cultural Anthropology - Honors	
ECON 100	Survey of Economics	3
KIN 166	American Food And Culture: Global Origins, History, and Current Impacts	3
PSY 205	Developmental Psychology	3
SOC 201	Introduction to Sociology	3
SPCH 101	Public Address	3
or SPCH 101H	Public Address - Honors	
Total Units		27-28

¹ MATH 165 is degree applicable with or without MATH 065. If taken with MATH 065, only the units for MATH 165 will be counted towards the degree.

Learning Outcomes

A.S.-Transfer Degree Level Student Learning Outcomes

Students completing the Nutrition and Dietetics A.S.-Transfer Degree will:

1. Demonstrate and articulate a comprehensive knowledge of the relationship of nutrients and lifestyle factors and the associated risk of degenerative diseases.
2. Demonstrate knowledge of physiological processes such as digestion, absorption, transport and metabolism of nutrients.
3. Recognize and separate scientifically supported information from misinformation, and identify ways in which social factors influence food related choices, practices and beliefs.

Career Information

Career Opportunities

There are a variety of careers you can do with this major.

To explore more about this major, schedule an appointment (<https://www.citruscollege.edu/stdntsrvc/ctcenter/Pages/ApptSchedule.aspx>) with a career counselor.