COSMETOLOGY

Cosmetology, a career technical program, prepares students for careers in the beauty industry through training in hair cutting, hair styling, make-up design, skin care, nail care, sales, and entrepreneurship. Courses may lead to an associate degree in cosmetology and/or a certificate of achievement. Upon completion of the courses, students are qualified to take the California State Board of Barbering and Cosmetology exam to become a licensed cosmetologist.

Also see the esthetician discipline page (http://catalog.citruscollege.edu/disciplines/esthetician) for esthetician programs of study and coursework.

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Learning Outcomes

This discipline prepares students to do the following:

• Become familiar with terminology related to the cosmetology industry and explain procedures, processes, and health and safety hazards to clients.
• Determine the appropriate formula, ratios, and percentage of chemical compounds used during procedures.
• Identify the appropriate procedure, processes, and supplies necessary for client service.

• Develop the industry skills necessary to pass the California State Board of Barbering and Cosmetology exam.

Courses

COS 141
Introduction to Cosmetology
11 Units (AA/AS)
144 lecture hours, 144 lab hours
Equivalent to: COS 140
Grade Mode: Standard Letter
Strongly recommended: ENGL 101.
This is the introductory course for students majoring in cosmetology. The course includes the exploration of a variety of subjects including haircutting, hairstyling, skin care, nail care, hair coloring, chemical texturizing and practical experience in cosmetology. Material fee.

COS 151
Business Fundamentals and Licensing Preparation
4.5 Units (AA/AS)
60 lecture hours, 84 lab hours
Grade Mode: Standard Letter
Prerequisite(s): COS 141.
Strongly recommended: ENGL 101.
A continuation of the study of professional ethics, client building skills and State Board rules and regulations from COS 141. Lecture, demonstration and practical experience in the following areas: communication, character building, goal setting, client retention and public safety.

COS 161
Haircolor
8 Units (AA/AS)
80 lecture hours, 208 lab hours
Grade Mode: Standard Letter
Prerequisite(s): COS 141.
Strongly recommended: ENGL 101.
A continuation of the science, theory, professional haircoloring techniques, and procedures following COS 141. Lectures, demonstrations, and practical experience in the following areas: advanced hair coloring procedures, advanced lightening procedures, specialized color application, and corrective haircolor.

COS 181
Haircutting
8 Units (AA/AS)
80 lecture hours, 208 lab hours
Grade Mode: Standard Letter
Prerequisite(s): COS 141.
Strongly recommended: ENGL 101.
A continuation of the theory of professional haircutting techniques and procedures introduced in COS 141. Lectures, demonstrations and practical experience in the following areas: ladies haircutting, male haircutting and clipper cutting.
COS 185
Skin and Nail Care
9 Units (AA/AS)
120 lecture hours, 168 lab hours
Grade Mode: Standard Letter
Prerequisite(s): COS 141.
Strongly recommended: ENGL 101.
A continuation of the science and theory of professional skin and nail care introduced in COS 141. Lectures, demonstrations and practical experience in the following areas: facial treatments, electricity, anatomy, hair removal, nail treatments, nail enhancements and products.

COS 191
Hair Design
8 Units (AA/AS)
80 lecture hours, 208 lab hours
Grade Mode: Standard Letter
Prerequisite(s): COS 141.
Strongly recommended: ENGL 101.
A continuation of the science and theory of professional hairstyling techniques and procedures introduced in COS 141. Lectures, demonstrations and practical experience in the following areas: hair care, set design, thermal styling, long hair design and creative artistry in hair design.

COS 199A
Esthetician I
8 Units (AA/AS)
72 lecture hours, 216 lab hours
Equivalent to: COS 165
Grade Mode: Standard Letter
Strongly recommended: ENGL 101.
An introductory course of skin care treatments, hair removal, make-up application, anatomy and physiology. This course also includes massage techniques, sanitation and disinfecting, disease and disorders of the skin, cosmetic chemistry, electrical current and modalities for skin care. The course focuses on the basic skills required to achieve a State Board License. Part one of a three-part course.

COS 199B
Esthetician II
8 Units (AA/AS)
72 lecture hours, 216 lab hours
Equivalent to: COS 166
Grade Mode: Standard Letter
Prerequisite(s): COS 199A.
This course is part two of the esthetician program. A basic course which includes state board preparedness, customized facial treatments, the psychology of services, make-up artistry, color coordination, product knowledge and aromatherapy. Must be completed before entering part three, "Salon Fundamentals".

COS 199C
Esthetician Salon Success
3 Units (AA/AS)
36 lecture hours, 79 lab hours
Grade Mode: Standard Letter
Prerequisite(s): COS 199B.
This is the final part in the completion of the esthetician program. This course provides students with basic salon management skills, sales, and client retention, as well as information required to pass the licensed exams. Students will focus on personal satisfaction and skilled habits to ensure success in the industry and state board procedures.

COS 201
Texture
8 Units (AA/AS)
80 lecture hours, 208 lab hours
Grade Mode: Standard Letter
Prerequisite(s): COS 141.
Strongly recommended: ENGL 101.
A continuation of the science and theory of professional permanent waving and straightening procedures introduced in COS 141. Lectures, demonstrations and practical experience in the following areas: chemical hair reformation techniques, treatments and formulations.

COS 211
Men's Haircutting Techniques
1.5 Units (AA/AS)
9 lecture hours, 54 lab hours
Grade Mode: Pass/No Pass, Standard Letter
Prerequisite(s): COS 141, or enrolled in a cosmetology program with a minimum of 200 hours completed, or a licensed cosmetologist or barber.
This course focuses on men's haircutting and barbering. The course will include fades, tapers, clipper-cutting, clipper-over-comb, and shear-over-comb techniques. Beard and mustache trims, crew cuts, flat tops, and undercuts will also be covered.

COS 221
Hair Extension Techniques
1.5 Units (AA/AS)
9 lecture hours, 54 lab hours
Grade Mode: Pass/No Pass, Standard Letter
Prerequisite(s): COS 141, or enrolled in a cosmetology program with a minimum of 200 hours completed, or a licensed cosmetologist or barber.
This class focuses on several hair extension techniques including: I-Tip, Microtip, Skinweft, Keratip, Plastic tubes, One-step weft, and Sew-ins.